October 16 is World Spine Day. Remember to Straighten Up and Move!









www.straightenupalberta.com/wsd





Check out this week's Fresh Solution, Salted Caramel Apple Galette, on pages 6 and 7.

Feeling inspired? Pop into a local Save-On-Foods store to pick up the ingredients in one easy stop.

Edmonton THE GIRL ON THE TRAIN PUT Blunt-ly: The thriller of a lifetime metrol.IFE Your essential daily news | Weekend, October 7-10, 2016 | High 6°C/Low-2°C Mostly cloudy © ?

BLOTENDO



Remember blowing the dust out of these things?
This Edmonton entrepreneur is putting a musical twist on your pain
metroNEWS

Ambulances 'can't keep up'

HEALTH

Union says staff needs more; AHS acknowledges the challenges



Jeremy Simes Metro Edmonton

Alberta Health Services' (AHS) top paramedic says investments in emergency medical services (EMS) are needed across the province after a medical care union boss criticized the health authority for providing the bare minimum.

On Thursday, Metro obtained data that shows the number of calls has spiked in Alberta. In 2015-16, there were 517,640 calls, a 37 per cent increase from 377,280 calls in 2010-11. During the same time frame, Alberta's population grew by about 17 per cent.

Since 2009, AHS has purchased 40 additional ambulances and other EMS vehicles while spending \$59 million to replace 305 ambulances and 68 support vehicles.

But Michael Parker, president of the Health Sciences Association of Alberta — a union for health-care professionals — said AHS has been adding minimal resources to EMS over the last six to seven years.

"We can't keep up," Parker said.
"There aren't enough ambulances
on the road to help patients in
need."

For instance, he said, Edmonton has seen only two ambulances added to its fleet since 2012.

Darren Sandbeck, AHS chief paramedic, acknowledged the challenges.

However, he said it could be better for AHS to invest in community paramedic resources so that patients can potentially stay at home, rather than be driven to hospital.

Other investments could include traditional ambulances and non-ambulance transport vehicles — which move patients more frequently and efficiently than regular ambulances.

Those investments will be identified in the AHS' planning process, Sandbeck said. "We're in a constant state of improvement," he said.

Sunday, Oct. 9 only: Shuttle buses replace LRT service from Clareview to Coliseum.

Crews perform planned rail work. Capital Line trains still pull into Coliseum station. Please plan ahead. Details: takeETS.com/news

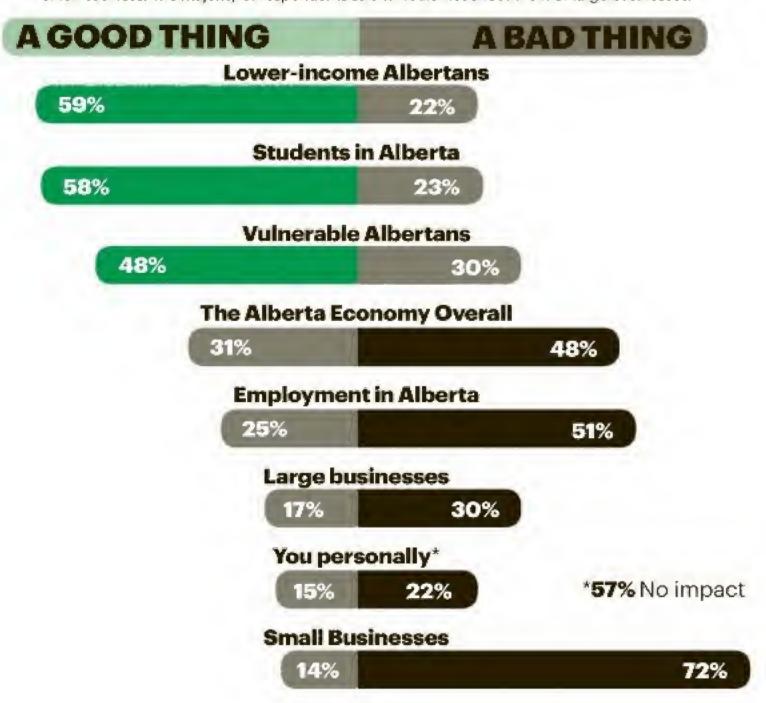




People split on pay raises, poll says

Alberta's minimum wage DISLIKE-O-METER

ThinkHQ asked Albertans their thoughts on how the minimum wage hike would affect certain groups. Respondents believed it would help students and low-income and vulnerable citizens, but would hurt the economy, employment and small business. The majority of respondents said it would not affect them or large businesses.



metre EXCLUSIVE

Most surveyed doubt minimum wage will affect them directly



Simes
For Metro | Calgary

Support for the NDP government's minimum wage hike is virtually an even split, according to an exclusive poll, making this weekend's Thanksgiving dinner talk all the more interesting.

On Thursday, a ThinkHQ/Metro survey showed 49 per cent of Albertans approve of the wage hike, while 47 per cent disapprove it. Three per cent are unsure.

Marc Henry, ThinkHQ president, said minimum wage increases resonates well with the NDP's base.

"Is this going to hurt them in the next election? Nah," Henry said. "This is something that will energize their base."

The survey also shows more than half of Albertans (57 per cent) think minimum wage increases won't have an impact on them personally.

However, the poll shows 51 per cent think the hikes will have a negative impact on employment and 72 per cent believe they'll have a negative impact on employment.

University of Calgary economist Trevor Tombe said people's concerns over employment and small businesses are valid.

He said it's not obvious there will be large losses, yet it's unclear whether the losses will be small.

"Should we expect large losses, they will be on teenagers and young adults," he said.

On the flip side, the survey showed 59 per cent, 58 per cent and 48 per cent of Albertans said they think the hikes will be positive for lower income people, students and the vulnerable, respectively.

Henry said people wanting to help lower income Albertans, students and the vulnerable is driving support.

"They think this will be good for them," he said.

At 63 per cent, Edmonton is most happy with wage increases, the poll shows, while Calgary's approval rating of the hikes is 48 per cent.

Small urban centres have the highest disapproval rating of 54 per cent while rural areas disapprove it at 50 per cent.

The panel surveyed 1,315 people between Sept. 26 and Oct. 2, 2016. It was weighted to reflect gender, age and regions of Alberta population according to Statistics Canada.

This online survey utilizes a representative but non-random sample, therefore margin of error is not applicable.

However, a probability sample of this size would yield a margin of error of +/- 2.7 percentage points at a 95 per cent confidence interval.

You can join the Voice of Alberta panel by visiting voiceofalberta.com.



Is this going to hurt them in the next election? Nah. This is something that will energize their base.

Marc Henry, ThinkHQ president, on the NDP government



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Infill projects are having to change design because of the new privacy regulations. METRO FILE

Infill projects face costly redesigns

ARCHITECTURE

Councillor defends new rules protecting urban privacy



Ryan Tumilty Metro | Edmonton

New zoning rules regulating privacy are causing headaches for infill developers thanks to a change the city made despite most residents asking it not to bother.

The city has introduced a slew of new design standards, requiring that rooftop terraces be set back from the front of the building and that windows be positioned in a way that respects neighbouring properties.

Tai Ziola, chair of Infill Development of Edmonton Association (IDEA), said she's hearing from a lot of builders who are now finding they have to change housing designs.

She said infill homes have been subject to a lot of changing rules and this is just the latest switch.

"There hasn't ever been a lot of reliability in what you can develop and what you can't," she said.

When the city considered this change they surveyed their Edmonton Insight Community, and the results were that 69 per cent of respondents didn't believe the city needed to regulate privacy.



Everything we do with regards to zoning oftentimes one or both sides are not going to be happy.

Coun. Andrew Knack

Ziola said that makes the city's change all the more frustrating. She said living in a city means living close to neighbours

"It seems weird to me that we should never be able to see into each other's backyards should get entrenched into the bylaw," she said.

Coun. Andrew Knack said he stands by the decision to bring in the new privacy rules and knew builders would be disappointed.

"Everything we do with regards to zoning oftentimes one or both sides are not going to be happy," he said.

Knack said privacy is an issue that consistently comes up whenever council does talks with the public on infill projects.

He agrees there is need for balance and that the city can't solve all of these issues, but it can put in a base level of rules.

"There is a role for us still to put in rules and regulations, while yes, I will put up curtains in front of my window."

ATHLETICS

Kiss and tell: pole vaulter explains positive cocaine test

World champion pole vaulter Shawn Barber says a tryst with a woman he met on Craigslist led to a positive doping test for cocaine.

The 22-year-old from Toronto tested positive for trace amounts of the drug prior to the Rio Olympics, but the 2015 world champion was permitted to compete in Brazil after it was determined he inadvertently ingested the banned substance.

The Sport Dispute Resolution Centre of Canada rendered its decision on Aug. 11, four days before Barber competed in Rio, but the report wasn't released until Thursday.

"I'm very happy with the pro-

cess that we went to," Barber told a conference call. "It was quite an ordeal going into the Olympics, but everything worked out the way it was supposed to."

While the Canadian Centre for Ethics in Sport proposed a four-year ban from competition, Barber wasn't suspended but was stripped of his 2016 national title.

"This has been a learning experience for Shawn, he is a young athlete learning how to compete on the field of play, and prepare away from it," Athletics Canada said in a statement.

According to the dispute centre's report, Barber ingested the cocaine on July 8, the night before he won the Canadian title in Edmonton.

The report said he had posted in the "casual encounter" section of Craigslist for a "professional person" to engage in a sexual rendezvous as a way to relieve stress. He specified in the post he wanted a woman who was drug-free and disease-free, the report said.

The woman, referred to as "W" in the report, testified that she consumed cocaine before she met Barber and then again in the bathroom of his hotel room.

Barber was a strong hope for a medal at the Rio Olympics after winning the 2015 world title in Beijing, but he finished 10th.

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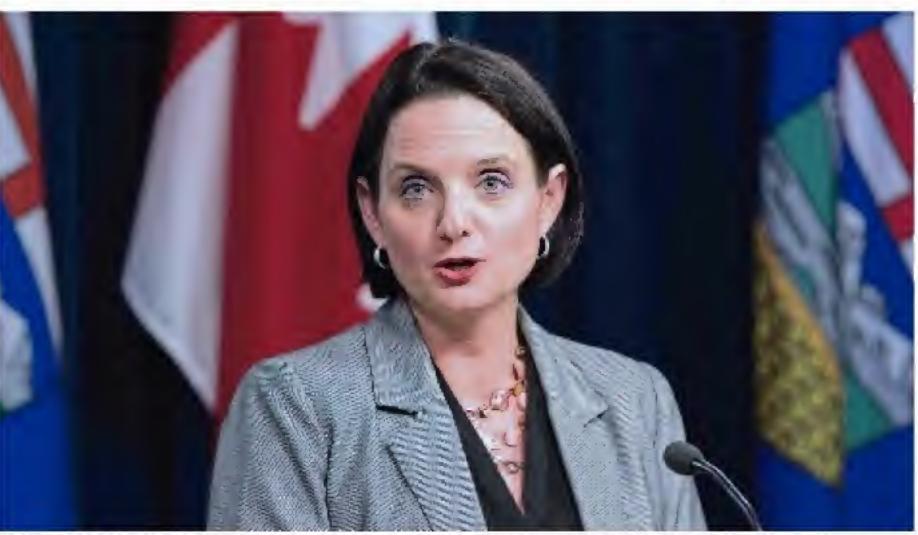


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Municipal Affairs Minister Danielle Larivee defended the debit card program, saying it was fast and efficient. COURTESY OF GOVERNMENT OF ALBERTA

Fort Mac relief drew \$2M in admin costs

DEBIT CARD PROGRAM

Wildrose says e-transfers could have saved money



Jeremy Simes For Metro | Calgary

The Alberta NDP government spent more than \$2 million to administer its \$100 million debit card program for Fort McMurray fire relief, an expense the Wildrose says the province could have saved on.

On Thursday, Metro obtained data that shows the government spent \$2.05 million in administration to doll out monetary relief to evacuees. It also spent \$470,000 and \$350,000 for vendor fees and rental space, respectively.

During the Fort McMurray wildfires in May, the Wildrose suggested the government provide evacuees with e-transfers for monetary relief, as the Red Cross chose to provide e-transfers.

The Wildrose argued it would reduce lines for evacuees and save on administration costs.

Municipal Affairs Minister Danielle Larivee wasn't made available for an interview Thursday. However, in an emailed state\$1.07M

The government also spent \$1.07 million on staff time and overtime for 500 workers, and \$165,000 on sheriff costs.

ment, Larivee defended the government's move to supply debit cards. She said not everyone in Alberta has online banking, so the province wanted to get money quickly into the hands of evacuees.

"We also knew that the Red Cross would be using e-transfers,

so together we were able to ensure all evacuees received help as fast as possible," Larivee said. "We are proud of the speed and efficiency with which we were able to distribute these cards to the people who needed them."

However, Wildrose Economic Development and Trade Critic Prasad Panda said he hopes the government learns from the Fort McMurray evacuation.

"We could have spent some of the administration costs on something else," he said. "We could've minimized expenses. I understand not everyone has online banking, but we could've made exceptions so they could get help."

HOMICIDE

Police ID home invasion victim

The man killed in what police say was a home invasion has been identified as Omar Terrence Albert.

Edmonton's medical examiner completed an autopsy Wednesday confirming that Albert, 23, died from a gunshot wound, police said in a statement.

The homicide section is investigating Tuesday's early morning break-in that resulted in one man being shot and a husband and wife being severely beaten.

Detectives believe the Mc-Conachie Boulevard residence was wrongfully targeted.

Police said the couple were tied up, blindfolded and severely assaulted after demands were made for drugs and money.

Shots were fired in the residence, police said, and when officers arrived on scene, they found Albert shot, in the basement of the residence.

Police spokeswoman Patrycia Thenu said on Tuesday the couple did not know Albert and police believe he was with the homeinvasion suspects.

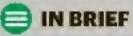
A GoFundMe campaign to cover the funeral costs for Albert was started on Wednesday.



Omar was such a loving, joyful person, not to mention loval.

GoFundMe campaign

"Omar was such a loving, joyful person, not to mention loyal. He would always keep you laughing and making sure you are good at all times," reads the campaign description. METRO



Two teens charged for uttering violent threats

Police have charged two teens with uttering threats for separate online posts "inciting violence" at Edmonton high schools. Police charged one teen for a threatening Instagram post naming both McNally and J. Percy Page schools late Wednesday afternoon, following a similar Instagram threat made by a different student Wednesday morning against a Harry Ainlay staff member.

KEVIN MAIMANN/METRO



Upgrades to the Yellowhead are the most pressing project, but the provincial government is being asked to match billions coming from Ottawa it currently doesn't have. KEVIN TUONG/METRO

Province hopes to match feds

INFRASTRUCTURE

Notley working on plan to reap benefits of investment



Ryan Tumilty Metro Edmonton

The federal government's 5120-billion infrastructure program is leaving Alberta in a tough spot, as it is looking for matching cash to reap Ottawa's bounty while it is overextended.

As they committed in last year's election campaign, the federal Liberals announced in their budget a \$120 billion capital plan over the next 10 years meant to allow cities to build transit, housing and other projects.

The province already had an ambitious infrastructure program in place when the Liberals made their announcement, with plans to spend \$34.8 billion over the next five years.

Almost all of that provincial money has been allocated to projects, making it difficult for the province to match the new federal dollars, which could lead to a reduced federal investment in Alberta.

Premier Rachel Notley said it's something the two governments

are trying to work out.

"That is one of those fun intergovernmental conversations that need to go on when you have two new governments that have two ambitious programs," she said.

Notley said there is still some room in the provincial government's plan and they believe they can find a solution and come up with matching funds.

But speaking to the Alberta Urban Municipalities Association Thursday, she said spending new money would be difficult for the government in this economic climate.

"The challenge for us is not small," she said. "We don't have the ability to begin our budgeting process by asking what new programs can we fund."

Without the matching funds from the provincial government, the federal dollars the city hopes to use for expansions to the LRT system and other major projects may go a lot further.

Mayor Don lyeson said he recognizes the tight spot the government is in, but there is also a big opportunity to build important projects.

"There is an opportunity for provinces to take advantage of this federal funding," he said.

lveson said in an economic downturn it makes sense to spend funds now, while construction prices are cheaper and jobs are needed.

EXPRESSWAY PLAN

Yellowhead progress dependent on province

A plan to make the Yellowhead a free-flow expressway could be decided by whether the provincial government can find the cash.

Mayor Don Iveson has said in recent weeks that the city and the federal government are on board for their share

of the roughly \$1-billion cost for the project.

The particular grant program from the federal government targets projects that make the country more "economically competitive." Premier Rachel Notley said Thursday they know the project is important and are trying to come up with a solution. RYAN TUMILTY/METRO

Salted Caramel Apple Galette about fresh solutions

Prep Time: 40 minutes | Cook Time: 40 minutes | Makes 6 Servings

Ingredients

Tart Dough

- 1 ¼ cups (310 mL) Robin Hood all-purpose flour
- 1 tbsp (15 mL) sugar
- 1/4 tsp (2 mL) salt
- 1/2 cup (125 mL) cold unsalted butter, cubed
- 4 tsp (20 mL) ice water
- 1 tbsp (15 mL) lemon juice, fresh squeezed

Filling

- 1/2 cup (125 mL) sugar
- 1 tbsp (15 mL) cornstarch
- 1 tsp (5 mL) ground cinnamon
- 2 cups (500 mL) BC Tree Fruits Gala, Granny Smith or McIntosh apples, thinly sliced
- 1 tsp (5 mL) milk
- 1 tsp (5 mL) sugar

Caramel Sauce

- 1/4 cup (60 mL) butter
- 1/2 cup (125 mL) packed brown sugar
- 2 tbsp (30 mL) light corn syrup
- 1/4 cup (50 mL) whipping cream
- 1/2 tsp (3 mL) vanilla
- 1 ½ tsp (8 mL) sea salt

Directions

- Heat oven to 375°F (190°C).
- In a food processor, pulse flour, sugar and salt to mix. Pulse in cubed butter until it is pea-size. Pulse in ice water and lemon juice until dough forms bumpy curds. Turn the dough out onto a rolling surface and knead until it just comes together to form a dough.
- 3. Roll dough out between two pieces of parchment paper to from a 10 inch round and place on a baking sheet. Place in the refrigerator until you have finished mixing your apples.
- 4. In medium bowl, mix 1/2 cup granulated sugar, cornstarch and cinnamon. Gently stir in apples.
- Remove the dough from the refrigerator and spoon apple filling into centre of crust, spreading to within 2 inches of edge. Gently fold the edge of crust over filling, ruffling decoratively. Brush crust edge with milk; sprinkle with 1 teaspoon sugar.
- 6. Bake 35 to 40 minutes or until crust is golden brown and apples are tender, covering with foil for the last 10 minutes if necessary to prevent excessive browning.
- 7. Meanwhile, in 1-quart saucepan, melt butter over medium heat. Stir in brown sugar and corn syrup; heat to boiling. Reduce heat and continue to boil gently 4-5 minutes. Remove from heat. Stir in whipping cream, vanilla and salt. Be careful as it may sputter and spray. Cool 15 minutes.
- 8. Spoon over warm or cool galette and serve with ice cream or whipped cream.



Health minister defends lab takeover

DIAGNOSTIC SERVICES

Wildrose says private labs services more cost effective

Health Minister Sarah Hoffman is encouraging the Wildrose do a bit more research, after the opposition released data that, according to them, shows private lab services are more cost effective.

On Thursday, the Wildrose released data, obtained through Freedom of Information, that shows private lab providers cost only 22.6 per cent of total services while making up 25.2 per cent of procedures.

On the flip side, the Wildrose found payments for all public delivery took up 77.4 per cent of costs while providing 74.8 per cent of procedures.

But keep in mind, public tests are more complex, meaning they cost more than private services that conduct simpler tests, according to the government.

The data comes on the heels of the government's plans to see Alberta Health Services (AHS) take over Dynalife labs in Edmonton in 2022.

Minister Hoffman noted a recent Health Quality Council of Alberta report that concluded the province develop an integrated provincial plan for laboratory service delivery.

She said there are savings to be had with publicly-integrated lab services.

"We can reduce duplication of services by having an integrated province-wide system, and the use the equipment to its fullest capacity," she said.

"I think that's going to be very positive."

However, Wildrose Health Critic Drew Barnes said the NDP is basing decisions on ideology.

"So far, the NDP's plan for this file has been heavy on rhetoric and light on substantive details," Barnes said.



Health Minister Sarah Hoffman METROFILE

ST. ALBEI

Professional con man scammed two



A sly, well-dressed man with an Italian accent is conning people out of their money in St. Albert, according to the Mounties.

St. Albert RCMP say the man in his mid-30s scammed two seniors out of "large," unspecified amounts of money this week by posing as an Italian designer who is in Canada for a fashion show and needs financial help getting back home.

In exchange for "lending" him money, the man gives his victims suits or leather jackets that he claims are items from his fashion line that he can't ship back overseas.

"He has documentation that would suggest this is legit, which is why people get fooled," said St. Albert RCMP Const. Beth McIntosh.

"This guy, that's his bread and butter. So he's going to be very convincing and he's going to be very approachable and friendly because he wants to get you on side and then he just lures you in."

The suspect has been reported driving a black Nissan SUV and asking people for help finding the airport, while sitting in parking lots with a map spread out on his lap.

At least one other resident reported being approached by the man this week, police said.

McIntosh said similar incidents have occurred in cities around the world, and this particular flimflammer may already be on the move.

"I would suspect that once people become aware that they're in the community, then they move on to the next one," she said.



This guy, that's his bread and butter. ... He wants to get you on side and then he just lures you in.

Const. Beth McIntosh



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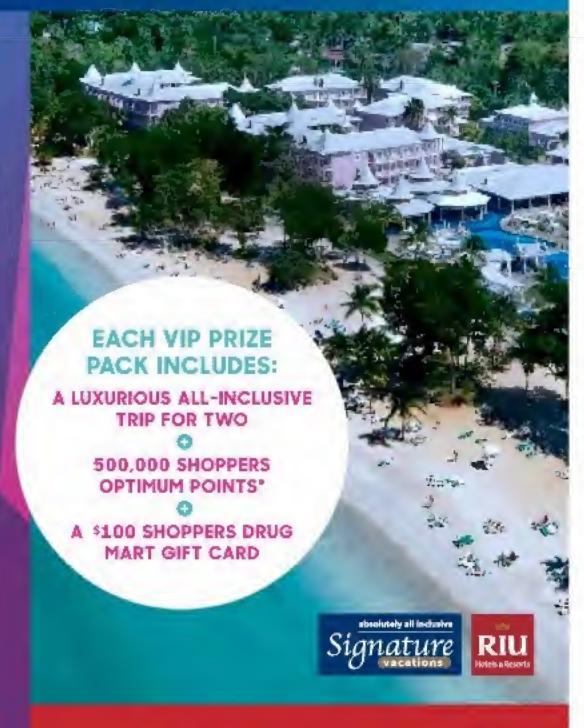
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Water main break causes street flood

Boy, 15, who dressed up



Alex Boyd Metro | Edmonton

Construction workers broke a major water main Thursday outside Boyle Street, flooding the inner city agency and forcing the evacuation of the building holding more than 100 clients and staff.

The damage also means Boyle Street's upcoming Thanksgiving Dinner — which serves about 1,000 people in need — will have to be relocated.

"Water started gushing out of the main at the front of the building, and sewage-y water started coming up from the drains in the basement," said operations manager lan Mathieson.

"It was pretty gross, it's still pretty gross."

Mathieson said they're glad for the help and anticipate the clean up should only take a couple of

PUBLIC SAFETY

days. Still, he worries about the affect on the Boyle's clients.

"(Closing Thursday) means some people aren't eating lunch and they rely on this. We also run 25 to 30 programs out of this building," he said.

Staff are also concerned their clients won't make it to the Thanksgiving dinner. It's been moved to the Boyle Street Plaza and because of a conflict the time has been changed — it will now start at noon.

City spokeswoman Jodi Tauber said in a provided statement that workers were fixing road infrastructure when the accident happened.

"Crews are working to clean up the area and mitigate any damage. The project team will work with those affected to assess the damage and determine next steps. Until that work is done, we cannot comment on what those steps would be or how long that process will take."



Brady Grumpelt holds two prototype Harmonicartridges, which he hopes to build using funding from a Kickstarter campaign.

Musical retrofit for gaming cartridges

as clown turns self in

The clown spotted around Fort Saskatchewan Wednesday night and who prompted two complaints to the RCMP has been unmasked.

He's a 15-year-old boy.

The teenager went to the local police detachment Thursday with his mother to own up to donning a mask and wig.

The first complaint Wednesday regarded a clown sighted in a spray park.

"It appears the clown was hanging out," police said, earlier Thursday.

The second complaint involved a clown riding in the passenger seat of a black Ford F-150, who stuck his head out the window and waved before the truck drove away.

The RCMP said in a release that the boy was "very apologetic and did not realize this much attention would be drawn from the wearing of the mask."

While no criminal offences were committed, the RCMP said they were only concerned about safety.

"This clown 'fad' seems to (be) getting a lot of attention lately, which is concerning. I have read comments on social media sites where people are indicating they will run a clown over if they see one," Cpl. Jennifer Brown said, in a release.

The RCMP also said donning the mask was an "immature decision" and the boy understands that now. METRO CROWDFUNDING

Much-loved items being turned into harmonicas



Ameya Charnalia For Metro | Edmonton

Brady Grumpelt's latest business idea came to him while blowing the dust out of a video game cartridge.

No, this isn't 1987 and Grumpelt isn't a child.

Instead, the 30-year-old, who runs a bartending school in Edmonton, is almost a quarter of the way to reaching his goal of \$4,000 on the fundraising website Kickstarter. The aim: To begin producing the Harmonicartridge.

The item is a cross between those old Nintendo game cartridges (which always needed a dust blow to work) and a harmonica. Grumpelt dreamed it up following a night of video games and music.

"My brain was just really tired that day and so we kind of joked about it and looked it up to see if there was actually a harmonica in a Nintendo cartridge anywhere and didn't see it," he said "I thought, 'Well if this isn't a thing, why not?"

Along with the idea of making

Av brain

My brain was just really tired that day and so we kind of joked about it and looked it up.

Brady Grumpelt

the video game-themed instrument came the decision to create a parent company, called Blotendo, which Grumpelt started with collaborator Ryan Senger.

Lucas Sloan created the Harmonicartridge prototype.

Sloan runs a 3D printing company in Edmonton and appeared on the popular television series Battle Bots earlier this year.

On Oct. 2, the team commissioned a promotional video and put up the project on Kickstarter with the aim of raising money by the end of the month. By Thursday evening they had raised \$929 with the help of 26 backers.

"Our target clientele is people like us, people that are kind of in their late 20s, 30s," said Grumpelt. "We're really happy with it so far."

All Harmonicartridges will play the key of C, have customizeable labels and will most likely begin shipping in December.

Grumpelt said he hopes to build 250 Harmonicartridges by Christmas.



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Music explosion hits town

CULTURE.

Up and Down Festival brings in 100 acts to 17 venues



Kevin Maimann Metro Edmonton

It's an all-year,

part-time love

affair.

Forty-nine weeks of planning will culminate in a three-day explosion of music in downtown Edmonton this weekend.

Brent Oliver, artistic direc-

tor of the Up and Downtown Music Festival, worked with eight partners to make the annual event bigger than it's ever been.

Brent Oliver "We're going to start planning next year's probably three weeks

after the festival," Oliver said. "We already have holds on venues for year five, next year. All of us have regular jobs, so it's an all-year, part-time love affair."

The non-profit, volunteer-run festival nearly doubled its number of acts this year, going from 60 to more than 100, across 17

Oliver attributes the bump largely to the opening of The Needle Vinyl Tavern as a fulltime venue on Jasper Avenue. The festival is also moving into bigger spaces this time, with Toronto folk musician Basia Bulat headlining the Winspear Centre Friday night.

"Basically, it's supply and demand. We did really well last year and this year we wanted to take another step forward,"

Oliver said. "1 wouldn't mind the idea one day that we potentially move all the way into a Rogers Place or a Telus Field or something.

"It might be ambitious, but we'll see."

This is the first time the festival has had to turn away volunteers, with 94 people enlisted to help out over three days.

Up and Downtown is part-



Brent Oliver is the artistic director of the Up and Downtown Music Festival, running Friday through Sunday, KEVIN TUONG FOR METRO

nering with community sponsors and local independent promoters to bring a range of music from local and touring acts. Some of the weekend's hottest tickets include Vancouver punks White Lung, Toronto rockers Tokyo Police Club and

veteran surf-rockers Shadowy Men on a Shadowy Planet best known for the Kids in the Hall theme song.

Oliver said the festival fits in nicely with the city's plans for a more vibrant downtown.

"It fills me with a lot of pride,

that when I started working downtown at the Bronx and the Rev in the '90s, nobody went downtown. It was a ghost town on Jasper Avenue," he said.

"It's fun to be able to just go to the centre of a city, walk around and have all this stuff going on."

IN BRIEF

Premier favours principle behind carbon pricing

Alberta Premier Rachel Notley says she's not interesting in teaming up with other provincial leaders to fight Ottawa's carbon pricing plan.

Saskatchewan Premier Brad Wall and Nova Scotia Premier Stephen McNeil have been vocal critics of the Liberal government's plan to charge \$10 per tonne of carbon starting in 2018. Notley has said Alberta won't go along with the plan unless the federal government makes progress on new oil pipelines to Canada's coasts, but that she supports the idea of a national price on carbon in principle. THE CANADIAN PRESS

Jewish groups approve prof's suspension

Jewish groups say they are pleased the University of Lethbridge has suspended a professor who has questioned the Holocaust and called the 9/11 terrorist attacks a Zionist plot. Shimon Koffler Fogel with the Centre for Israel and Jewish Affairs says the southern Alberta university took the right approach in removing Anthony Hall from a position Fogel says he abused for too long.

THE CANADIAN PRESS

Pilot dead after crash RCMP say a pilot has died in a plane crash in central Alberta. No one else was on board the small biplane that went down in a field in the town of Blackfalds, north of Red Deer, Witnesses believe the plane was having engine trouble after it left the Lacombe airport. A spokesman with the Transportation Safety Board says the plane was an amateur built aircraft known as a Steen Skybolt. THE CANADIAN PRESS.

WEEKEND LOOKAHEAD

Laugh, cry, Love You to Death, be undead: Do it all

FRIDAY

Zombie Walk

It's time to hit the Halloween store, as the annual walk reanimates for its 10th anniversary with the theme Zombies of History. Lovers of spooky films will dress up as zombified versions of historic figures for night walks through the city's core. All ages are welcome, but Beercade on Whyte Avenue will host an official after party for zombies 18 and older.

Where: The first wave starts at Churchill Square, and the second at Alberta legislature When: 7 p.m. and 9 p.m.

ALL WEEKEND

ATB Financial Edmonton Comedy Festival

The laughs started Wednesday but they continue through Saturday, with local and touring comics including Tom Arnold, Monique Marvez and Andrew Grose at venues in and around Edmonton. Where: Various locations. When: Friday and Saturday

Edmonton International Film Festival

The 10-day celebration of all things cinematic is coming to a close, featuring some of

the finest new indie films from around the world, as well as the work of talented local filmmakers.

A total of 55 feature-length movies and more than 100 short films are on the sched-

Where: Landmark Cinemas, City Centre Mall, 10020 102

When: Daily through Sat-

The Curious Incident of the Dog in the Night Time

Adapted from the best-selling novel by Mark Haddon, the Canadian premiere of one of Broadway's hottest plays will end its Edmonton run this weekend.

Directed by Heidi Malazdrewich, the production has won several awards.

Where: Shoctor Theatre at the Citadel, 9928 101A Ave. When: Through Sunday.

SATURDAY

Indie Author Day

The Edmonton Public Library will host events centred around local authors, as well as a digital gathering, question-and-answer session with writers, agents and others in the book industry. KEVIN MAIMANN/METRO

Coffee, tea and snacks are part of the deal. Where: Stanley A. Milner

When: 10:45 a.m. to 6 p.m.

Tegan and Sara

The Juno Award-winning twin-sister pop duo from Calgary is back in town to support their eighth studio album, Love You to Death. Shura and Too Attached will open the show.

Where: Shaw Conference Centre, 9797 Jasper Ave. When: 6:30 p.m.

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Sexual Assault on Campus: A Metro Special Focus

Day 5: The way ahead

The solution right before us

Schools need to start treating sexual-assault survivors less as victims and more as experts



Five days is nowhere near long enough to talk about campus sexual assault.

In our week-long series, Metro has attempted to frame this ongoing crisis in a new way, to articulate how campus sexual assault is a national issue — even international and to point out the gaping holes in our national response.

But there were many aspects we did not get to cover. We did not investigate how racism and sexual violence intersect. We did not talk about how gender identity and sexual orientation impact violence, opting for a mostly heteronormative stance as a way into the problems.

We did not report on harassment and sexual violence experienced by professors and employees, a group often left out of the discussion; nor did we investigate the role of men and boys in finding solutions.

If colleges, universities and our communities at large are ever going to be made safe, all of these must be taken into



Tell your story and pressure your MP using #safercampusnow and follow the series online at metronews.ca.

account. Which means no simple solutions but plenty of opportunity for improvement.

For Farrah Khan, one overriding question is how to tackle campus assaults as part of the larger culture of sexual violence.

"We need a continual commitment from every level of government that sexual violence isn't tolerated in Canada," said Khan, the co-chair of the Ontario Provincial Roundtable on Violence Against Women and the inaugural co-ordinator of sexual-violence education and support at Toronto's Ryerson University.

Khan is particularly concerned with creating more accountable responses, across sectors and workplaces and communities. It's lacking almost everywhere you look: in the military, in the RCMP, in medicine and, of course, in post-secondary schools, which often lack any one person tasked with accountability and oversight, leading to a dangerous dilution of responsibly.

But Khan worries schools will respond to mounting public pressure and provincial legislation by moving to a criminal model for adjudicating complaints, despite its abysmal track record, both in encouraging women to come forward to police and testify in trials and in meting out punishment against assaulters.

Meanwhile, it's clear universities and colleges need to start treating survivors less as victims and more as experts. They know the schools' shortcomings better than anyone.

It's ridiculous that nobody's stepping up, so that's what we're doing. Paniz Khosroshahy, women's-studies major at McGill University and sexual-assault survivor

An encouraging step in this direction was Lucia Lorenzi's inclusion on UBC's Sexual Assault Panel. An alumna and sexual-assault survivor, Lorenzi has become a vocal activist.

"It doesn't send a good message when universities continue to have antagonistic relations with survivors instead of welcoming the critique and work they're doing," she said.

Indeed, when Metro asked five different schools if they specifically sought the input of survivors in their new sexualassault polices, none had.

Lorenzi wants to see basic, across-the-board standards for sexual-assault policies at all post-secondary schools in Canada, elements that can be adapted to fit each campus large or small, with or without

Recurring asks from advocates

- Universal standards
- Mandatory data collection
- Independent oversight
- Greater collaboration

residences, urban or rural. And, like Khan, she wants accountability.

"I think it can be a two-step thing," she said — an arm'slength, provincial oversight committee, which reviews campus policies and responses, and a federal level to "make sure policies aren't just approved by people serving

the interests of the university." Lorenzi also criticized the

draft policies released by many campuses in B.C. and Ontario this year, noting that no significant outside input from experts, students or survivors was sought.

lanet, a woman who spoke to Metro on condition of anonymity, wants to see administrators dismissed for not acting on complaints. She's an employee at an Ontario post-secondary institution, and four years ago, she said, she was sexually assaulted and harassed by two men, one of whom was and remains a colleague. Her school administration's response? Six weeks of inaction, and then this: "We're concerned you're too upset to work," she was told. "I got the

About the series

Mon. The power of five The most organized Canada-wide effort to combat campus sexual assault comes from an unlikely crew of five young

Tues. A federal vacuum The problem is national, but solutions have been regional and parochial.

women.

Wed. The U.S. example The U.S.'s laws and White House directives combine to create more rigorous requirements for schools.

Thurs. | Dearth of data We don't know how big the problem is because no one is incentivized to find out.

Fri. The way ahead We have a problem; we need a plan.

threat," she said. "It was swept under the rug."

"Any incident needs to be reported to an independent third party." she said. "That gives accountability."

Janet was among many people who reached out to Metro this week, keen to talk, keen to help find solutions.

So it's not a question of public appetite for change, or action among grassroots groups. It's a question of leadership. Who is going to take a stand at a national level? Who is going to co-ordinate the vast amount of experience and expertise and input out there? Who is going to hold universities, colleges and other institutions to account?

Right now, the answer is



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Mounties offer 'sincere apology'

Female officers' harassment lawsuits settled

RCMP Commissioner Bob Paulson has delivered an abject apology to hundreds of current and former female officers and employees who were subjected to bullying, discrimination and harassment dating back as long as four decades.

Paulson made the apology Thursday as he announced the settlement of two class-action

lawsuits stemming from harassment that has cast a dark pall over the storied police force.

"To all the women, I stand humbly before you today and solemnly offer our sincere apology," an emotional Paulson said.

"You came to the RCMP wanting to personally contribute to your community and we failed you. We hurt you. For that, I am truly sorry."

Paulson said the settlement would provide financial compensation for the women and lead to resolution of potential classaction lawsuits brought forward by former RCMP members Janet

Merlo and Linda Gillis Davidson.

The federal government has earmarked \$100 million for payouts, but there is no cap on the overall compensation that could be awarded. The settlement is expected to cover hundreds of women who served in the national police force starting from Sept. 16, 1974. It also includes creation of a scholarship in honour of the RCMP's first female regular members as well as establishment of national and divisional advisory committees on gender, sexual orientation, harassment, equity and inclusivity.

THE CANADIAN PRESS



A store in North Bay, Ont. is selling T-shirts to raise money for Ken Pagan's legal defense. FACEBOOK

BLUE JAYS

Friends rally behind Ken Pagan



Liz Brown Metro | Toronto

One of Ken Pagan's friends from his time as a sports editor at the North Bay Nugget is showing his support for the alleged beer tosser with a fundraising campaign for his legal defence.

Pagan has been charged with mischief in the Blue Jays beer can incident after he was identified as the man in the image released by the Toronto police.

Paul McLean, owner of the Skater's Edge Source for Sports

in North Bay, is selling #FREEPAGZ T-shirts for \$10, with half the proceeds promised for Pagan's legal fees. "The man I know

and his love for sports - specifically baseball 1 just can't believe Metro ID'dthis that's him and looking manas Ken Pagan at the videos out there, it's pretty inconclusive," says

McLean, "I've never known him to get drunk and make a bad a judgment call."

"It's a small thing we can do, but there's a lot of pressure against him, so if the town of North Bay can rally for him,

we want to do that. We want the best for him," he said.

If it turns out Pagan is the man behind the beer can toss, McLean said he would be "very disappointed" and donate the money to the North Bay Baseball Association instead.

The incident took place on Tuesday, when a can hurled from the stands narrowly missed Baltimore Orioles player Hyun Soo Kim. Pagan identified himself Wednesday, and is to appear in court next month.

WITH FILES FROM THE CANADIAN PRESS

Immigration a necessity, report says

Ottawa will need to raise its annual immigration level by one-third to 407,000 by 2030 to sustain its economic growth amid an aging population, says a new report on Canada's demographic trends.

Currently, Canadians 65 and over account for 16 per cent of the total population, but the ratio

is expected to rise to 24 per cent in the next two decades, according to the report by the Conference Board of Canada.

With a birth rate hovering around 1.55 children per woman and a longer life expectancy, researchers examined five scenarios of population targets between now and the year 2100.

"The aging of Canada's population will have a significant impact on Canada's potential economic growth. Weaker labour force growth will have a negative impact on household spending, while a more slowly expanding economy will engender less investment spending," warns the report. TORSTAR NEWS SERVICE





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'This storm's a monster'

Millions flee their homes as hurricane gains traction

Hurricane Matthew pelted Florida with heavy rains as the deadly storm steamed ever closer to the coast with potentially catastrophic winds of 130 m.p.h.

Thursday. Two million people across the Southeast were warned to flee inland.

It was the most powerful storm to threaten the U.S. Atlantic coast in more than a decade, and had already left more than 280 dead in its wake across the Caribbean.

"This storm's a monster," Gov. Rick Scott warned as it started lashing the state with periodic heavy rains and squalls around nightfall. He added: "I'm going

to pray for everybody's safety."

As it moved north in the evening, Matthew stayed about 100 miles or more off South Florida, sparing the 4.4 million people in the Miami and Fort Lauderdale areas from its most punishing effects.

By Thursday night, more than 60,000 homes and businesses were without power. Streets in Vero Beach were partially covered with water, and hotel guests in Orlando were told

to stay inside, though a few sneaked out to smoke or watch the rain.

The co-ordinator for Haiti's Interior Ministry in the area hit hardest by Hurricane Matthew said the confirmed death toll in that southwestern zone was 283. Emmanuel Pierre said late Thursday that he expects the toll to rise as authorities reach remote places that were left isolated by the storm. THE ASSOCIATED PRESS



The bands of rain from Hurricane Matthew pass over Orlando on Thursday. Joe Burbank/ORLANDO SENTINEL/THE ASSOCIATED PRESS



A man resembling Steven Woolfe appears unconscious. AFP/GETTY IMAGES

Member hospitalized after fight within UKIP

Feuding in Britain's fractious, France. right-wing U.K. Independence Party erupted into violence Thursday that left a member of the European Parliament hospitalized with a head injury after an "altercation" with a colleague.

Steven Woolfe - the frontrunner to be UKIP's next leader suffered seizures and lost consciousness after clashing with another lawmaker Thursday morning during a meeting of party lawmakers at the legislative building in Strasbourg,

UKIP leader Nigel Farage said Woolfe was initially in a serious condition and "things were pretty bad." But he said Thursday afternoon that Woolfe was "in a much better place than he was a few hours ago."

Farage said he was launching an inquiry into the violence, which he said "shouldn't have happened." He declined to identify the other party member involved in what he termed "an altercation." THE ASSOCIATED PRESS

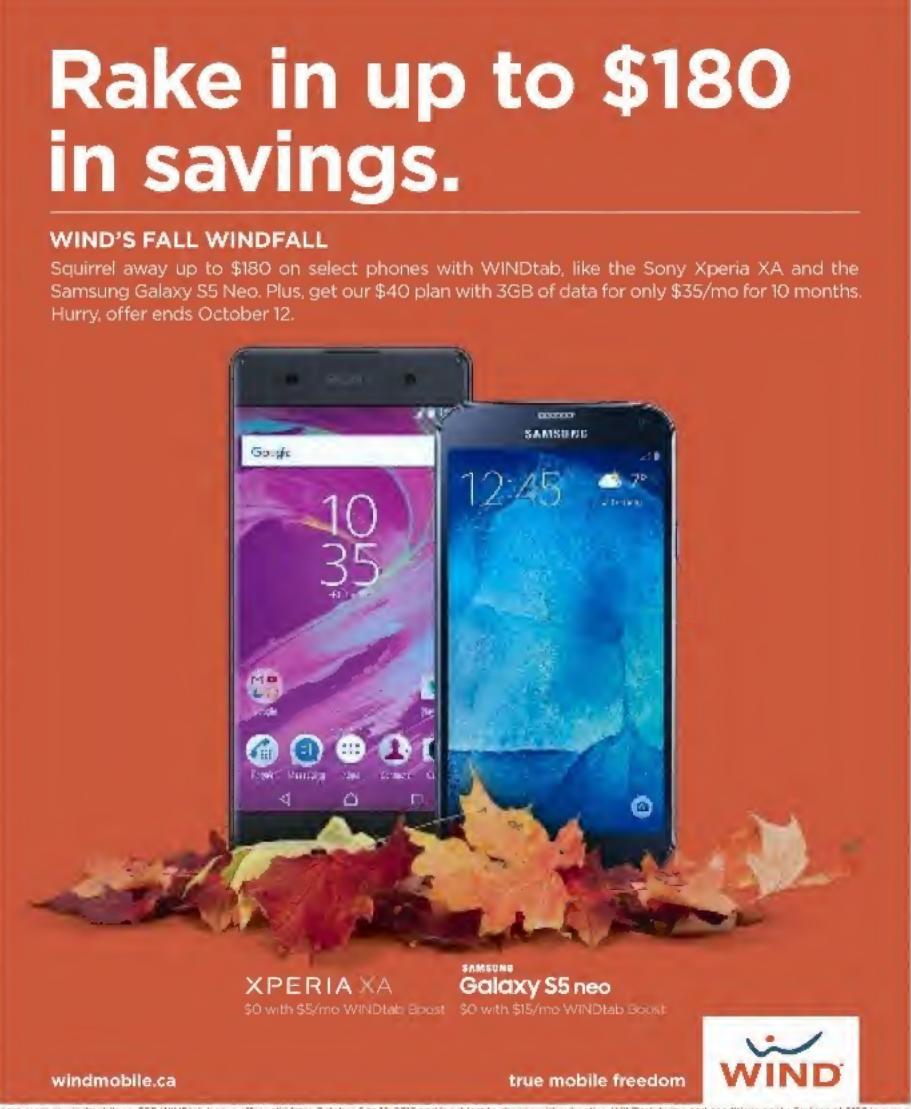


IN BRIEF

UN has a new leader

Portugal's former prime minister Antonio Guterres, who was formally nominated on Thursday to be the next UN secretary-general, said he faces "huge challenges" and hopes to see unity and

consensus during his term. Security Council President Vitaly Churkin, Russia's UN ambassador, said members approved a resolution by acclamation recommending Guterres for a five-year term. THE ASSOCIATED PRESS.



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Dream home stays a dream IN BRIEF

REAL ESTATE

New lending rules impact first-time buyers

Canada's first-time home buyers may have to shelve their dream house fantasies due to lending changes announced this week by the federal government, mortgage brokers say.

Ottawa moved this week to tighten mortgage lending rules that will limit the amount many Canadians can borrow to help ensure that when interest rates rise, they'll still be able to make their payments.

Mortgage broker Frank Napolitano says that means the size of mortgage many buyers will be able to qualify for will be less once the rules take effect on Oct. 17.

"First-time homebuyers will probably have to probably scale down the type of home that they may have planned to buy," said Napolitano, managing partner at Mortgage Brokers Ottawa.

Under the new rules, a stress test that had only applied to



First-time homebuyers will have to scale down the type of home that plan to buy under new lending rules announced this week, mortgage brokers say. THE CANADIAN PRESS

borrowers who opted for variable rate mortgages or fixed rate mortgages with terms less than five years will now be used for all home buyers with less than a 20 per cent down payment.

That means borrowers must be able to qualify for their mortgage using a higher interest rate than they will actually be paying on their mortgage.

The advertised special offer rates for a five-year fixed rate mortgage at Canada's big banks are around 2.5 per cent. However, the Bank of Canadaposted rate used in the stress test is 4.64 per cent based on the posted rate at the big banks.

"You're not paying more, but you're going to be able to buy less house," Napolitano said.

Napolitano used an example of a Canadian earning \$70,000 a year with enough saved for a five per cent down payment, and carrying \$500 a month in non-mortgage monthly debt payments such as a car loan.

Based on a five-year fixed-rate mortgage of 2.44 per cent, he estimated they could qualify for

BY THE NUMBERS \$370,000

The amount a Canadian earning \$70,000 could qualify for a loan based on 2.44 per cent interest.

\$280,000

The amount a Canadian earning \$70,000 could afford using 4.64 per cent under the new stress test.

a loan that would allow them to buy a house worth about \$370,000 under the old rules.

However, under the new stress test using 4.64 per cent, Napolitano estimated that same home buyer could only afford to buy a home worth about \$280,000.

Jason Scott, a broker with the Mortgage Group in Edmonton, says many of his clients would not have qualified for their mortgages under the more stringent rules. THE CANADIAN PRESS

🌐 market minute

the notion.

THE CANADIAN PRESS.



Arctic leaders warming to national carbon tax At least two territories,

firmly opposed to any talk

of a price on carbon just

months ago now seem

willing to listen to what Ottawa has to say. Bob

McLeod of the Northwest

sounded open-minded in statements and interviews

Thursday, Yukon Premier

Darrell Pasloski, however,

remains dead set against

Territories and Nunavut

Premier Peter Taptuna

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TSX 14,595.50 (-15.08)



OIL \$50.44 US (+61¢)



\$1,253 US (-\$15.60)

NATURAL GAS: \$3.05 US (+1.0¢) DOW JONES: 18,268.50 (-12.53)

Non-resource exports rebound uncertain, bank exec says

The Bank of Canada's senior deputy governor says there's still uncertainty around the long-hoped-for rebound of the country's crucial non-resource export sectors.

In a speech Thursday, Carolyn Wilkins said the future of these exports is not entirely predictable despite some encouraging signs in the numbers

from July and August.

"Uncertainty lingers," Wilkins said in the address at the Universite du Quebec a Trois-Rivieres. "This uncertainty comes in part due to the future growth prospects for investment in the United States. It is also possible that the effect of lower oil prices on the American economy is not as

positive as anticipated."

The Bank of Canada has been waiting for the country's noncommodity exports to rebound ever since the collapse of oil prices and the dollar's slide a couple of years ago. Many are banking on the sector's eventual pickup to help lift the stubbornly sluggish economy.

Wilkins noted that while

the central bank has seen "a clear upward trend" in noncommodity exports over the last six years, the weaker dollar's influence on their growth rate has mostly faded.

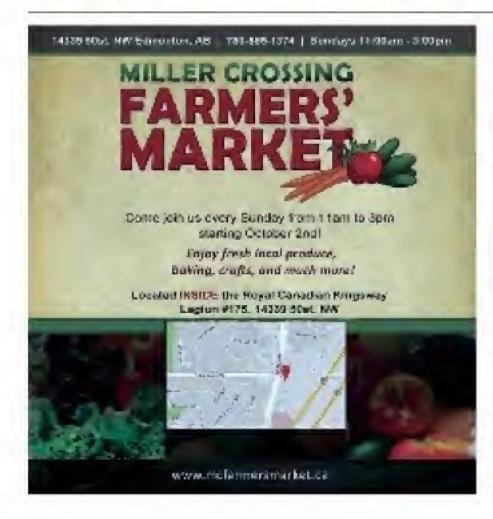
She recalled Thursday how Canada's non-resource exports underperformed in the second quarter of 2016, which was partly due to a period of weaker-than-anticipated growth and investment for the country's most-important trading partner: the U.S.

Canada, she added, also continues to face stiff competition from other countries like Mexico, where she noted the currency fell further than the loonie.

THE CANADIAN PRESS



Bank of Canada deputy governor Carolyn Wilkins. THE CANADIAN PRESS



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A study of animal videos on YouTube (really), researchers found that the bigger a creature's brain is, the longer they tend to yawn.

DECODED by Genna Buck and Andrés Plana

THE PHYSICS OF BEER-CAN CHUCKING

The Toronto beer-can tosser is notorious by now, but there's disagreement about just how serious this crime could have been if a person's body was in the beer can's path. What affects a projectile's path, and the speed with which it hits the ground? Here are the basics — and yes, assuming the can





CITIZEN SCIENTIST by Genna Buck

The depressing reality of birth control

A study of a million Danish women showed hormonal birth control is linked to depression. What? Why? — Lauren, Calgary

This was a long-term study and the results were clear and troubling: Users of hormonal contraceptives (patch, pill, shot, ring, hormonal IUD) had a higher risk of depression than non-users.

The connection makes sense given how female hormones affect the neurotransmitters that control mood, said Gail Robinson, who teaches psychiatry and obstetrics/gynecology at

the University of Toronto.

This finding has spurred a lot of justified freaking out and finger-pointing, such as from the Guardian's Holly Grigg-Spall: "No study will ever be good enough for the medical community to take women's experiences seriously."

It's true the depression-birth control link hasn't gained widespread publicity or credibility until now. And, subjectively, that's a bit lame for a 56-year-old drug.

But there are a few qualifiers to keep in mind. First, the increase in relative risk was not huge: Women using the combination birth control pill were 1.23 times more likely to need antidepressants than non-users; for those on the levonorgestrel IUD (i.e. Mirena), it was 1.4 times.

Secondly, it's tempting to stuff new information into existing belief systems, but I think we should be cautious. In other words, there's lots of sexism in the medical world (and every world), but it doesn't automatically mean sexism is why individual doctors still prescribe the pill or why we don't have a male equivalent. Non-hormonal methods (surgery, copper IUD) aren't for all of us, and women aren't fully in control of condoms or withdrawal.

"Postpartum is when women are most likely to develop ... depression," Dr. Robinson said. "Women who cannot control their chances of getting pregnant may risk having too many children close together or at difficult times in their lives, when they can't cope."

Science Question? Tweet @genna_buck

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FINDINGS

Your week in science



KEVIN GILL/FLICKR

SEA SATURN'S MOON

Dione, one of Saturn's seven moons, has an icy ocean world under its crust, according to data from NASA's Cassini spacecraft. Scientists think it's been there almost since the moon was formed, increasing the odds there's microscopic life under there.

PRIMORDIAL PROTEINS

Swiss researchers trying to reproduce the conditions on Earth 4 billion years ago mixed simple amino acids with volcanic gas and made complex, self-reproducing proteins called amyloids — precursors to life on earth.

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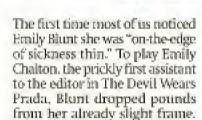
Emily Blunt says playing an alcoholic divorcée in the recently-released The Girl on the Train was "the most challenging thing I've ever done." CONTRIBUTED

Bring on the Blunt-force drama

IN FOCUS

The Girl on the Train actress consistently steals the show

Richard Crouse For Metro Canada



"It wasn't like doughnuts were snatched out of my hand," laughs the 5' 71/2" actress, but she was encouraged to slim down. So much so she would occasionally cry from hunger during the shoot, luckily, though rake thin. she still had the energy to steal the movie from her more seasoned co-stars, Meryl Streep and Stanley Tucci.

Although the character fell directly into the love-to-hateher category, audiences found Blunt irresistible. Her mix of vulnerability and fork-tongued charm earned the title Best Female Scene-Stealer from Entertainment Weekly and nominations for everything from a Teen

MOVIE RATINGS by Richard Crouse

The Girl on the Train ** Denial *** The Birth of a Nation *** Two Lovers and a Bear ★★★★

HOW RATING WORKS *** WORTHWHILE UP TO YOU

This weekend she plays a much different character in the much-anticipated thriller The Girl on the Train. Based on the Paula Hawkins bestseller — 11 million copies sold and counting it's a dark cinematic journey into a missing person's case. The 33-year-old actress says playing

Choice Award to a Golden Globe. an alcoholic divorcée who witnesses a crime from a train window, "the most challenging thing I've ever done."

Early reviews are strong. Variety raved she "excels as the broken-down heroine." Those kind of kudos are an echo of her much-admired, though lesser seen work, in the U.K.

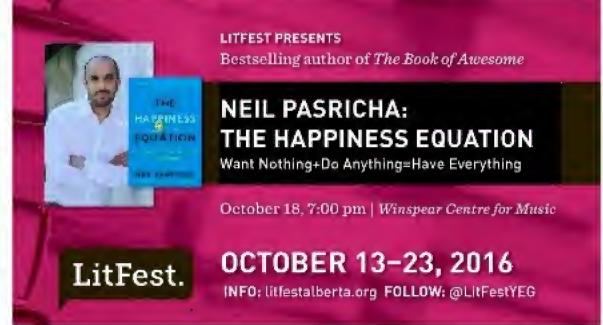
We've also seen her as an oversexed young women opposite Tom Hanks in Charlie Wilson's War, warbling Stephen Sondheim's rich Into the Woods score, riding a polar bear in The Huntsman: Winter's War and dressed as Princess Diana in the quirky rom-com Five-Year Engagement.

She's done action in both Sicario and Edge of Tomorrow (later renamed Live, Die, Repeat, for home release). Big budget blockbusters don't usually make room for female characters unless they are sidekicks or girlfriends. In Edge of Tomorrow, Blunt avoids being objectified and is as strong, if not stronger than co-star Tom Cruise.

In Sicario she's part of an elite task force stemming the flow of drugs between Mexico and the U.S. A multi-farious mix of vulnerability, stone cold confidence and outrage, she delivered the most interesting female action star since Mad Max: Fury Road's Imperator Furiosa.

Next up her diverse career is the lead in Mary Poppins Returns. She says she's nervous because the flying nanny is "such an important character in people's childhond," but has been given the thumbs up by the original Mary, Julie Andrews, "It was lovely to get her stamp of approval. That took the edge off it, for sure."















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Movies | **metr**#LIFE



Kim Nguyen, right, director of Two Lovers and a Bear, and a still of the polar bear Agee (voiced by Gordon Pinsent) from the film. CONTRIBUTED

Bear witness to this icy, tainted love tale



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Kim Nguyen's latest is surreal and covers several genres

Richard Crouse For Metro Canada



The story of two star-crossed lovers on the run from bad memories is at the heart of Two Lovers and a Bear, a new Arctic-set film from Rebelle director Kim Nguyen.

Counselling the couple is a talking polar bear, a philosophical addition to a movie that is part romance, part thriller and all icy cold isolation.

Montreal native Nguyen says the script for the film evolved over time, but many of the elements, including the talking bear came to him on a stopover at the Amsterdam airport.

"I was reading Kafka on the Shore by Haruki Murakami," he says. "There are weird gods in the book, kind of like imperfect Greek gods with flaws. It dawned on me that I should have something like an imperfect, flawed deity in the film."

At the same time he noticed the airport's giant brass teddy bears and voilà, the idea of an advice-giving polar bear was born.

The bear, played by a real polar bear named Agee and voiced by acting legend Gordon Pinsent, is the most fanciful part of a film that sees Lucy and Roman, played by recent Emmy winner Tatiana Maslany and Dane DeHaan, embark on a physical and metaphysical journey to confront their troubled, violent pasts.

"I've seen a lot of people like that," Nguyen says of the people he met in Nunavut, "(people) who just can't connect with an organized, dense, compact society. They have to go up North and that's why you meet very interesting, unique characters up there. Often it is the people who don't cope with societal norms."

Nguyen's unpredictable story intensifies with every twist, finding depth as the volatile Lucy and Roman explore the vast white expanse of their home and their innermost fears.

The lead actors have some heavy lifting to do to navigate the film's many shifts from comedy, to psychological drama and isolationist horror.

To survive the inhospitable cold of their home both must be strong willed characters but both also wear their fragility on their parka sleeves. As such, Maslany and DeHaan are perfectly cast.

"We met a lot of people,"

says Nguyen. "At the beginning it wasn't defined exactly who Lucy was going to be; where she would come from. We wanted to keep it open with the casting. Tatiana came a little later on. We didn't even think about her. Coming off of Orphan Black the casting director said, 'Why don't we try her? She's versatile. She has range." She was gracious enough to do a screen test. She blew us away. She was totally way up there in the truthfulness and the authenticity. She is really someone who is able to connect. Kind of like Dane.

"I discovered Dane when I saw Place Beyond the Pines. When I saw that, I was certain that Dane wasn't a trained actor. He was so authentic I assumed he was this guy who had this one role in him. Then I learned he was a trained actor and was really impressed by his performance."

The six-week Nunavut shoot was gruelling for all, requiring physical stamina and a trait Nguyen calls "one of the biggest, most important qualities"— fearlessness.

*Dane and Tatiana have that," says the director. "They dive in and they are not analyzing their performance as they're playing it."



It dawned on me that I should have something like an imperfect, flawed deity in the film.

Director Kim Nguyen



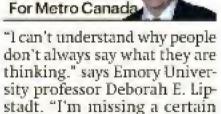
"It's fun being you," says actor Rachel Weisz to Deborah E. Lipstadt, both pictured on the set of Denial. Weisz filmed the outspoken historian on her iPhone to capture her personal history, mannerisms and attitude. CONTRIBUTED

Bad publicity for Holocaust deniers

LEGAL BIOPIC

Rachel Weisz plays British historian in Denial

Richard Crouse



filter. I say what I think."

lipstadt, a specialist in modern Jewish history, emerged into public life from academia as the subject of a 1996 lawsuit brought against her by selftaught British historian and Holocaust denier David Irving, Irving, upset she singled him out in a book as a less-thanreputable historian, launched a libel lawsuit claiming Lipstadt and her publisher were part of a worldwide conspiracy to rob him of his livelihood.

Donations from benefactors like Steven Spielberg paid for the gruelling eight-week, £3,000,000 trial which boiled down to one main question: Is Irving a liar and a falsifier of history or simply a historian who sees things from Hitler's point of view? The stakes were high; if Irving won, his account of history would be given credence.

The sensational court case is chronicled in Denial, a new film starring Rachel Weisz as the outspoken academic.

"In the story of this trial and this case, a lot of very good people said to me, 'Don't do it,'" Lipstadt says. "A lot of people didn't want me to do it because they thought I'd be giving him publicity. How do you fight bad people without building them up and giving them a billion dollars of free publicity?"

But the publicity helped expose living and other deniers, says Weisz.

"I think the more people who know that the better. Most people don't know who David Irving is. He has his core group of followers and they're going to be very happy about this publicity. Or not. I don't know how they're going to feel about this, but it is more important that people should know about it. And nobody does. It doesn't really bother me that he's getting publicity. It's not good publicity."

"I think Rachel is right," says Lipstadt. "It's a balance. I knew fighting him would give him publicity but it would serve a purpose."

The British actress says capturing Lipstadt's essence — from the heavy Queens accent to her personal boldness —was "a beautiful, delicious challenge."

"Deborah came and hung out with me in New York," says Weisz, "sat in my kitchen for two days straight. I filmed her on my iPhone so I would be able to look back at it. Deborah told me stories about her childhood, her parents and about the trial. It was just being able to be near her and soak up her spirit and attitude and find the places were we intersect as people. There are some (people) when you find that you think, 'I could be this person if my life had gone differently.' It became imaginable to me then that I could be Deborah had my life gone that way."

Lipstadt describes watching Weisz's performance as "an out-of-body experience," adding that her friend, legal eagle Alan Dershowitz wrote her a note, saying, "She catches your accent but even more she captured your attitude."

"It's fun being you," says Weisz. "I enjoyed it. You get to say what you think. I like it, it's very healthy. Get it out."



An uncomfortable yet urgent watch

HISTORY

Film honours the memory of a 19th-century slave rebellion

Peter Howell **Torstar News Service**

Can we forget the past even while being summoned to remember it?

That's the conundrum of The Birth of a Nation, Nate Parker's provocative drama of America's bloodiest slave rebellion, which the actor and filmmaker directed, co-wrote and stars in, and which sold for a record \$17.5 million (U.S.) following its ecstatic Sundance premiere.

Parker wants the world to recall a man and a story illserved by history books: Nat Turner, an American-born slave turned Baptist preacher, who led an 1831 Virginia uprising that left 60 slave owners and 200 slaves dead through violent confrontation and retribution. It's a message and memory the film capably and viscerally honours.

Yet the first-time filmmaker doesn't want any rekindling of the collective conscience regarding his own disturbing past. In 1999, Parker and his Penn State University roommate Jean Celestin (later his screenplay co-writer) were charged with raping an intoxicated and unconscious fellow student.

Parker was acquitted at trial and Celestin was convicted (it was overturned on appeal), but the complainant, who was



Nate Parker, centre, as Nat Turner, who is transformed from a docile slave into a righteous rebel and free man in The Birth of a Nation. His film honours the memory of a 19th-century slave rebellion even as his own past raises troubling questions. Jahi снікwendiu/напроцт

then 18 years old, always felt she'd been denied justice. She committed suicide at age 30 in 2012.

The rape allegation has stuck to Parker and The Birth of a Nation since the 1999 story broke wide in late August. Parker hasn't helped his situation or that of his movie by steadfastly refusing to apologize for his actions, which he puts down to youthful indiscretion and false accusation.

He and Celestin have also made rape a central part of I am 36 years old right now. My faith is very important to me, so looking back through that lens, it's not the lens I had when I was 19 years old. Filmmaker Nate Parker

The Birth of a Nation, as Parker's Turner is galvanized to lead the anti-slavery rebellion after his wife (Aja Naomi King) is sexually assaulted by slave owners led by a vile redneck (Jackie Earle Haley). Another rape — both happen off-camera - involves a character played by Gabrielle Union.

The Birth of a Nation is a film for alert minds, even those that can't — and shouldn't —

forget the past and present behaviour of its maker.

Parker commands the frame as Turner, taught as a child to read the Bible by a kindly matriarch (Penelope Ann Miller), who put humanity slightly ahead of human ownership.

Young Nate grew up almost as a member of her family, befriending the woman's son Samuel (played by Armie Hammer as an adult) while still

being obliged to work as an indentured field hand.

Nate discovers he has oratorical skills to complement his literacy and Bible knowledge. Samuel starts hiring him out as an itinerant preacher to neighbouring slave owners, who hope his hellfire-anddamnation speeches will quell rumbles of rebellion. The opposite occurs, once Nate is fully apprised of the horrors visited upon his fellow slaves.

The film bears obvious comparisons to 12 Years a Slave. But The Birth of a Nation is an even rougher and more intense experience than its Oscar-winning predecessor. One scene depicts the forcefeeding of a slave on a hunger

strike, who first has his teeth knocked out by a hammer.

Another grim scene has the camera moving backwards through a forest of dead slaves hanged as punishment for challenging their white masters. Nina Simone's haunting version of "Strange Fruit" plays on the soundtrack.

After three viewings, the most significant thing about The Birth of a Nation is its depiction of Nat Turner's transformation from a docile slave into a righteous rebel and free man. His conscience was moved by what he learned and he took action to right a wrong. The same might not be said about Parker, but his film is worth seeing regardless.



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Canuck GoT actor heads to the stage

Game of Thrones actor Michael Condron has no recollection of his Canadian birthplace but his love of the country's national pastime runs deep.

Condron relocated from Toronto to Northern Ireland around the age of two but he's a longtime NHL fan. He tunes in to league games on satellite TV and watches a professional team in Belfast, which once featured retired Canadian star Theo Fleury.

"It comes from my family's time over there," said Condron, who portrayed Bowen Marsh, the first steward of the Night's Watch, on the smash HBO fantasy epic. "We're a big soccer family, but when my parents moved there, there was no soccer on TV, so my father had to pick up a sport.... He's a big Chicago Blackhawks fan."

Condron is returning to Toronto to showcase his comedic chops in Graeme of Thrones, a theatrical parody of his hit TV series.

Debuting Tuesday at the Panasonic Theatre in Toronto, the acclaimed production centres on Graeme (Ali Brice), a diehard Game of Thrones fan seeking to



Michael Condron.

PAUL WILKINSON/THE CANADIAN PRESS

adapt his favourite fantasy series for the stage.

Graeme enlists Bryony (Libby Northedge), the girl he used to like at school, as well as his best pal Paul (Condron) to make the project a reality. The challenge? Recreating the sprawling world of Westeros without the same budget, or cast - or perform-

"Watching his struggle to pull all of the strings, to keep everything together, to have his vision of the show on the big stage is comedy in itself," said Condron.

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TO COLLEGE THIS FALL?

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MOVIE BRIEFS

Rush doc heads to Canadian cinemas

A documentary on the Canadian rock legends that make up Rush, narrated by actor Paul Rudd, will screen in Canadian cinemas for one night only next month.

Music publishing and rights management company ole says Rush: Time Stand Still will screen in over 50 Cineplex and Landmark theatre locations on Nov. 3.

Tickets go on sale on

The doc is an intimate look at the band's R40 tour - which is possibly their last — and also profiles their relationship with their fans.

The Nov. 3 event will include a bonus screening of the short film Rush: A Salute to Kings, in which rockers including Gene Simmons, Chad Smith and Taylor Hawkins share stories about Rush.

Rush has sold more than 40 million records worldwide.

THE CANADIAN PRESS

Rob Ford saga inspired CBC show



Actors Lyriq Bent and Elyse Levesque, right, star in Shoot The Messenger. Levesque plays a newspaper reporter caught in a web of gangs, murder and politics in Toronto, CONTRIBUTED

CREATOR INTERVIEW

Shoot the Messengera series of sex, drugs and politics

A co-creator of the new CBC-TV crime drama Shoot the Messenger insists it's not a story about Rob Ford.

But Sudz Sutherland does admit he was inspired by the saga of the late former Toronto mayor as he helped craft the series, which stars Elyse Levesque as a newspaper reporter caught up in a web of gangs, murder, sex, drugs and politics in Toronto.

"It's not the Rob Ford story but ... we were all inspired by that and I thought that unmasked a lot of what was going on behind the scenes of the city," said Sutherland, who created the show with his wife ennifer Holness.

"We thought, 'Hmm, that's really interesting,' so we wanted to actually explore these relationships between people who are super rich and political people with political power and people who are business leaders but have these skeletons in their closet."

Debuting Monday, the serialized show follows Levesque's character Daisy as she witness-

es and then investigates the murder of a young Somali man.

Lyriq Bent plays the lead homicide detective, who is also Daisy's secret lover.

"A huge influence for me was Claire Danes of Homeland. That was a big inspiration for finding this person," said Levesque, who hails from Regina.

But other than that I didn't base it on any actual living human being."

Co-stars include Alex Kingston as Daisy's editor, Lucas Bryant as her co-worker, Hannah Anderson as her sister, and Ari Cohen as the attorney general.

Guest stars include Barenaked Ladies lead singer Ed Robertson and former NBA stars Jamual Magloire and Rick Fox.

"We've got the attorney general and we've got a group of young Somali men, so we took the barest piece of the Rob Ford stuff and that inspired us," said Sutherland.

"Then we also took a young reporter - nothing to do with the Rob Ford story - but we took somebody who actually witnessed a crime. So that was something that was really interesting to us, the fact that Daisy witnessed a crime and what would that be like if a reporter kind of becomes the story?"

Sutherland, who is also a director on the show, said he and Holness wanted Shoot the Messenger to have the same characteristics of a Netflix or HBO series.

"We wanted to bring that to the CBC, that highly serialized, really great, fun, guiltypleasure-type show, things like

He and Holness spoke with Toronto cops and reporters "to actually get into the underpinnings of what's going on in the city," he said. "We really learned so much about how people really get down in the world, because there's a facade of how we think people behave, but really how people behave behind closed doors is really, really interesting. So that's the story we wanted to tell."

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It's not the Rob Ford story but... we were all inspired by that and I thought that unmasked a lot of what was going on behind the scenes of the city.

Series co-creator Sudz Sutherland





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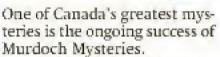
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Our enduring love of Murdoch

INTERVIEW

Yannick Bisson reflects on a decade of wild success

Steve Gow For Metro Canada.



After all, the longtime CBC series has not only beat the odds by heading into its 10th season (starting October 10th, fittingly), but it's still gaining in popularity nearly a decade after making its television debut.

"It's a little bit surreal," said star Yannick Bisson recently about the series' staggering

"It really comes to the forefront when fans bring up some of the earlier episodes and talk about what it means to them. I mean, we spend a few days with each episode, they spend years with them — they know

them intimately!"

As thrilled as he is, the actor who plays the turn-of-thecentury detective has no clear answers as to why the show strikes such a chord that it drew an astonishing 1.4 million viewers per episode last season.

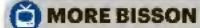
"With everybody that I talk to, it seems to be something different," explained Bisson.

"People have different things that they like about it. And it's never really what you expect."

Combining elements of crime, comedy and historical fiction, Murdoch Mysteries doesn't shy from its Canadian heritage either. Often that means blending cryptic capers and real-life history. with this season set amongst the Great Fire of Toronto — a tragic blaze that levelled almost 20 acres of downtown in 1904.

"When we started our show, there wasn't a single period show on the landscape," said Bisson, who recalls he was hesitant at first to take a role so tied to history.

"There was a definite shift



Embracing Murdoch's roots: "We actually accentuate the Canadiana of the show," said Bisson. "And really, I think it attracts people to our country and attracts people to the culture that we have here that's unique."

(and) almost overnight, period shows started to blossom everywhere."

Murdoch Mysteries has found itself everywhere, almost. Now broadcast in over 100 countries and territories, the continuing success of the series has also found Bisson bumping into fans all over the globe.

"I came out of a wine cellar in a very, very old restaurant in Rome (and) came face-to-face with one of the waiters and he says, 'Ah! Detectivo Murdoch!", laughed Bisson of one of his earliest encounters.

"Now, being the number one series on in France and all that — it really is quite something."



After a decade, Murdoch Mysteries is still growing in popularity. It drew an astonishing 1.4 million viewers per episode last season, contributed

Fox News under fire for racism

Watchdog and activist groups are outraged by a Fox News Channel segment in which an interviewer asked people in New York's Chinatown if he was supposed to bow to greet them, if they were selling stolen goods and if they could "take care of North Korea for us."

Several organizations condemned humourist Jesse Watters' piece on The O'Reilly Factor, calling it racist and demeaning to Asian-Americans.

"It's 2016. We should be far beyond tired, racist stereotypes and targeting an ethnic group for humiliation and objectification on the basis of their race," Asian American Journalists Association President Paul Cheung said in a letter to Fox that was posted online. He is also the director of interactive and digital news production for The Associated Press.

Cheung called on Fox to apologize to the Asian-American community and asked for "an explanation for how this type of coverage will be prevented in the future."

Watters asked people on the street about the presidential race, sought a demonstration of karate and showed footage of him getting a pedicure.

At one point in Monday's

nearly five-minute segment, Americans." an elderly woman's silence in response to a query was paired with a clip from Mel Brooks' Young Frankenstein, in which Madeline Kahn shouts, "Speak, speak, why don't you speak?!"

Gregory A. Cendana, executive director of the Asian Pacific American Labor Alliance, criticized the report.

The coverage, including making "fun" of the Chinese elder, "played into the exoticization and status of



It's 2016. We should be far beyond tired. racist stereotypes.

Paul Cheung

perpetual foreigner" of the Asian-American community, Cendana said in a statement.

After the Watters World report concluded, Bill O'Reilly called it "gentle fun." adding, "we're gonna get letters, inevitably."

On Wednesday, the Asian Americans Advancing Justice affiliation said it was outraged by the "blatant, racist and of-

fensive stereotypes of Chinese

"It is unconscionable that a news organization would sanction a segment that laughs at a community of people, including Watters ridiculing elderly Chinese Americans who were limited English-proficient," the group said.

U.S. Rep. Ted W. Lieu, D-California, weighed in as well.

"Note to Bill O'Reilly and Fox News: Your recent segment mocking Asian American voters and using every conceivable stereotype was, at best, racist and, at worst, really racist. I am not 'patient' or 'gentle' nor do I 'bow' when I say hello or know 'karate.' So let me gently say this: if you are not racist at heart, then you would apologize. Immediately," Lieu said in a statement.

Asked for a response to critics, Fox directed attention to two Twitter posts Wednesday by Watters.

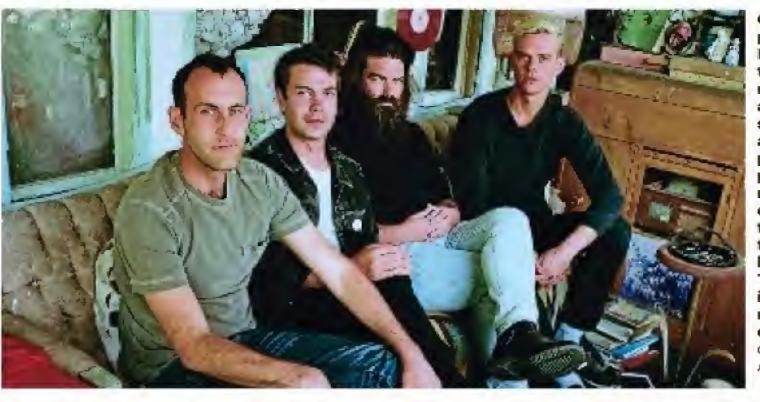
"As a political humourist, the Chinatown segment was intended to be a light piece, as all Watters World segments are," he wrote.

"My man-on-the-street interviews are meant to be taken as tongue-in-cheek and I regret if anyone found offence," Watters' second tweet said. THE ASSOCIATED PRESS



metr#LIFE Music Weekend, October 7-10, 2016 31

Life after ditchinga contentious band name



Calgary post-punks Preoccupations, formerly known as Viet Cong, says they're almost at a point where people are more concerned with their music than their band name. They have an icily excellent new eponymous LP out. COURTESY ALESSIO BONI

ON TOUR

Band formerly known as **Viet Cong is** moving on

Any publicity might indeed be good publicity in the grand, promotional scheme of things, but being in the eye of a storm of negativity can feel anything but good.

The four members of Calgary's Preoccupations got a taste of the full spectrum of exposure when they issued one of the best records of 2015 two Januarys ago under the casually, ill-chosen band name Viet Cong.

Soon, the thing blew up big enough to cross the radar of people sufficiently versed in 20th-century Vietnamese history to take offence at the prospect of an art-punk band from Calgary calling itself Viet Cong.

Cue social-media pillorying, protests outside shows on both sides of the border and an eventual promise from Viet Cong that it would soon change its name leading up to its appearance at the 2015 Polaris Music Prize gala, where Viet Cong still managed to get shortlisted as one of the Canadian critical intelligentsia's 10 favourite albums of the year.

The fuss, perpetuated in part by fellow musicians who might have been expected to understand the logistical and contractual difficulties involved in suddenly switching names in the middle of a 200-date touring itinerary, continued until Viet Cong finally announced it would become Preoccupations this past April.

Even then, some weren't satisfied, but the new name came from Preoccupations' friend, fellow Calgarian and Flemish Eye label overseer Chad VanGaalen and not from any snarkiness on the part of Preoccupations itself so, as frontman/bassist Matt Flegel recently put it to the



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All the conversations we had that actually led us to change it were with Vietnamese

protestors. Preoccupations guitarist Scott "Monty" Munro

Calgary Herald: "Chad's the one, if anyone's got a problem with it."

Regardless, promo duties in service of Preoccupations' icily excellent new, eponymous LP remain largely, yes, preoccupied with the lingering Viet Cong controversy.

"It was a weird thing to

have to deal with," says Flegel, sipping a couple of midday cocktails with guitarist Scott "Monty" Munro on the edge of Parkdale during a recent visit to Toronto.

"I'm kind of glad to just be moving on. It's almost at the point where people are more concerned with the music than the band name, which is great, because that's really the only reason we do this: to make music. That's what we do.

"It was definitely unexpected. We didn't know that we were gonna get any attention whatsoever. And, I mean, if we did know that we probably wouldn't have called the band Viet Cong from the get-go, you know? We had no idea. It was a garage project. We were just f-ing around in Monty's basement. It was a recording project. That was all it was. We never thought it was gonna become a 'thing,'

necessarily."

As Viet Cong became a "thing," the band's international touring schedule grew gruelling enough to at least distract it from the mounting controversy around the name and to keep "our minds on our job, which is to travel from place to place and make music and, hopefully, make people happy ... unless there were, like, actual protests going on outside the venue," says Flegel.

Eventually, however, the problem grew too big to ignore and, by September 2015, the decision was made to retire the Viet Cong moniker.

"All the conversations we had that actually led us to change it were with Vietnamese protestors," says Munro. "On the west coast of America we actually had some good interactions with protestors."

New name aside, Preoccupations, the album, picks up where the anxious postpunk experimentalism of Viet Cong left off, leavening the obsidian, death-obsessed mood ever so slightly with a more pronounced presence of crystalline synths in the mix and Flegel's most upfront, confident and melodic vocal melodies yet.

It's a deceptively tuneful recording, informed by an ap-preciation for the sort of dour, rhythmically rigid blackness the likes of Wire, Joy Division, Echo and the Bunnymen and the Psychedelic Furs were getting up to as the '70s tilted into the '80s.

By Flegel's own admission, "it's pretty heavy handed" and "kind of ridiculous." But Preoccupations have no interest in making it easy on listeners.

"We don't want to," says Flegel. "A lot of that is selfish because we want to make music that we're happy and excited to play every single day, or for an eight-and-a-half week tour. We want to make things that we can still be excited about on a night-to-night basis. It's challenging for everyone else. but it's also challenging for us. And if we're excited about playing the songs I think that. translates into the live show a lot. I see a lot of bands playing who are just going through the motions, you know?

"I'm curious to see how this all goes down. I think we made an OK record, but I think audiences are pretty fickle these days. Our fan base is generally 25- to 40-year-old music nerds, so when it comes to the press we're usually OK, because that's most of the press. But I feel like this one's got a little more pop to it than the last one, so we'll see — maybe we'll get, like, a lady fan this time around. Probably not. But maybe." TORSTAR NEWS SERVICE

Doubting the truth in a blood-shot lens

NON-FICTION

Altamont delves into '60s shooting at rock show

A young man standing in front of Mick Jagger at a Rolling Stones concert brandishes a .22 automatic revolver. The youth is savagely knifed to death by a Hells Angel biker working as band security.

The shocking pas de deux sears the eyeball, 46 years after the fact and no matter how many times you see it. Caught on 16mm film for the documentary Gimme Shelter, the sequence is shorter than the Zapruder footage of the assassination of John F. Kennedy, and almost as momentous.

To many people, the killing of 18-year-old Meredith Hunter on Dec. 6, 1969 at the Altamont Speedway rock festival near San Francisco was more than random violence. It tolled the death knell of the flower power 1960s, which had reached their zenith at the Woodstock festival just a few months earlier.

And the commanding story of Gimme Shelter, a 1970 doc directed by award-winning filmmakers Albert and David Maysles with Charlotte Zwerin, laid out a narrative of the Stones as innocent victims of the bloodthirsty

Jagger, bandmate Keith Richards and others are seen vainly attempting to stop violent acts between the bikers and concertgoers, which occurred throughout the hastily conceived and badly managed fest attended by 300,000 people.

The camera never lies, right? Except maybe it does, argues Joel Selvin, a rock critic and author formerly with The San Francisco Chronicle. His new book Altamont: The Rolling Stones, the Hells Angels and the Inside Story of Rock's Darkest Day, the product of years of research and more than 100 interviews, argues the famed documentary distorts the truth. The Maysles and Zwerin, now all deceased, were working for the Stones, who owned 50 per cent of the film and who continue to roll to this day.

"The movie is largely an excuse by the Stones," Selvin says from San Francisco.

vacced. His body sat in

the office of the Speed-

way for three hours

until the meat wagon

from the coroner's

showed up. It's all in

the police report. They

were caught in traffic

and they weren't in

any big hurry anyway.

What the heck were

(the filmmakers) do-

copter shot? It's just

a complete lie."

ing with that heli-copter shot? It's just

Even more serious is what

Selvin calls "the real huge prob-

"It excuses the Stones. It uses a lot of dubious editing. (The filmmakers) take stuff out of time. The actual breakdown of the concert is much more severe than their version of it. It lasts much longer and there's much more chaos on stage. The Angels were convenient paint-bynumbers villains."

ing editing, Selvin points to a scene late in the film where the motionless figure of Meredith Hunter is strapped to a gurney behind the stage. A jump cut

As an example of mislead-

shows a helicopter leaving the lem in the dead centre of the site, implying that Hunter is bemovie." He's referring to a scene ing flown to a hospital for treatwhere the Stones and their asment, but that didn't happen. sociates rashly decide to move "He was never medictheir daylong concert — which

also included the efferson Airplane, The Flying **Burrito Brothers** and Crosby, Stills, ter mittle a myddig Nash & Young and was supposed to include the Grateful Dead - from the considerably larger Sears Point Raceway to its woefully undersized area rival Altamont. The Stones did the

> switch just 36 hours before the festival began because

Sears Point wanted a piece of the film profits, which Jagger refused. Altamont just wanted free publicity – and it got plenty of the wrong kind.

Selvin's book contains page after page of descriptions of bad decisions made by many people, not just the Stones and company.

What it all comes down to, in my opinion, is that a lot of good intentions collided with a lot of bad luck on that fateful day at Altamont in 1969.

"It's funny how many cooks were at the stove, right?" says Selvin. "Altamont never got one lucky break, whereas Woodstock was the beneficiary of a lot of them. Altamont got not one not even with the weather." THE ASSOCIATED PRESS

metr





Mick Jagger, top photo, sings at the Altamont Rock Festival at Livermore, Calif., in this Dec. 6, 1969 file photo while Hells Angels cross stage during melee to help fellow motorcyclists. At the bottom Jagger looks at the motorcyclists after they dragged onstage an unidentified person whom they mauled during the concert. AP PHOTO

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Rick Mercer, Allan Hawco among familiar faces in St. John's tourism

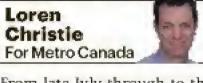


The Marina at Campbell River. Every year from late July to the end of October, visitors come out to see hundreds of thousands of salmon swim upstream to lay their eggs. ISTOCK

VANCOUVER ISLAND

No matter how you see it, salmon season awe-inspiring

Loren Christie



From late July through to the end of October the rivers on the eastern side of Vancouver Island are teeming with hundreds of thousands of Pacific salmon.

On a recent excursion to the community of Campbell River I hooked up with Destiny River Adventures for an up-close and personal look at this natural phenomenon.

After having us don a wetsuit and snorkel gear, our guide immediately warded off any potential of sober second thoughts by making us jump off a small cliff into the town's chilly namesake river.

Then it was time to literally plunge face first into the water and let the current do the work. Although, the rapids might be considered relatively calm for



It was exhilarating to fly down the river, undulating over the rocks and having giant salmon darting around you as they battled upstream to lay their eggs.

rafters, as a snorkeller it was exhilarating to fly down the river, undulating over the rocks and having giant salmon darting around you as they battled upstream to lay their eggs.

In addition to attracting snorkellers and sports fisherman, the annual salmon run provides a buffet for the local bear population. Discovery Marine Safaris offers a full-day Grizzly Bear Tour, which takes eager bear watchers by boat up Bute Inlet to Orford Bay, a small community on British Columbia's mainland and home to the Homalco First Nations people. Within the first two minutes of the land portion of the tour, our guide Janet was stopping on the edge of a river where we silently poured off the bus and watched two bears play on a log and tuck into a salmon lunch. By the end of the day we had seen five grizzlies, two Roosevelt Elk and numerous eagles.

After having seen the area by land and sea, we spent our last day exploring by air. In a sixseater 1954 DeHavilland DHC-6 Beaver floatplane to be exact.

Corilair's historic mail flight brings tourists along as they deliver the post to four small communities on the neighbouring Discovery Islands. It was an

incredible way to get a bird's eye peek at life in the area, from the magnificent homes to chatting with the locals in communities like Refuge Cove, population six, with its weather worn wharves and verdant green forest.

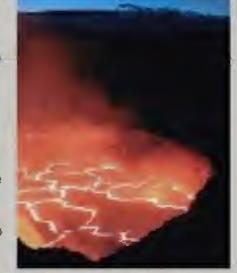
After a stop in Surge Narrows, home of one of four floating post offices in Canada, we touched down in Big Bay where we grabbed a bottle of BC Pinot Noir from the supply store and toasted our day on the deck.

If the bears were enjoying the bounty of this province, why shouldn't we?

TRAVEL NOTES VOLCANIC VIDEO, FRENCH ART IN QUEBEC CITY AND PRINCE'S STUDIO OPENS TO PUBLIC

Lava splashes up Hawaii volcano walls in rare video

As the high-definition camera pans across the surface of an active Hawaii volcano's viscous summit lava lake, a large bubble of volcanic gas grows and bursts, dramatically spewing molten rock into the air and sending a massive ripple of lava outward across the crater. Federal officials released high-definition video of the lava lake atop Hawaii's Kilauea volcano on Tuesday, providing a rare close-up glimpse. THE ASSOCIATED PRESS



Still image from Kilauea vol-CATIO, USGS VIA THE ASSOCIATED PRESS

Quebec City stages Pierre Bonnard exhibit

The Pierre Lassonde Pavilion, the showpiece addition to the Musee national des beaux-arts du Quebec, is bringing together works by French artist Pierre Bonnard for its first temporary international exhibition. The \$103.4-million glass pavilion opened in June on the city's Grande Allee thoroughfare, doubling the museum's exhibition space. Radiant Colour, on view through Jan. 15, presents some 40 paintings by the Post-Impressionist artist. THE CANADIAN PRESS



Details from Paysage du Midi et deux enfants. HANDOUT

Visitors see Prince's studio, mementos

Prince's handwritten notes still sit out in the control room of Studio A at Paisley Park, where he recorded some of his greatest hits and was working on a jazz album before he died. The room is filled with his keyboards and guitars, and his iconic symbol graces the control panel. Those are some of the highlights visitors to Paisley Park saw when the 65,000-squarefoot studio complex opened to the public on Thursday. THE ASSOCIATED PRESS



Prince's Paisley Park studio. THE ASSOCIATED PRESS

34 Weekend, October 7-10, 2016 metr@TRAVEL

JUST THINK OF THE MORNING COFFEE AFTER ALL THOSE TASTINGS. French Vandla

Scenic sips: Where to enjoy wine with a view

Tasting wine is fun and possibly educational. But tasting wine while gazing on a backdrop of vine-covered hills rippling toward a blue horizon? That's a fairly unbeatable pairing. Here are some California wineries with views that will have you pulling your nose out of that glass — the better to drink in the scenery.

THE ASSOCIATED PRESS



Artesa

With its picturesque hilltop setting in the Carneros wine-growing region at the southern end of the Napa Valley, Artesa was one of the original wineries in the area, founded by the Spanish wine-making family Codorniu Raventos. Barcelona architect Domingo Triay designed the winery to blend into the highest hill of Artesa's 350-acre estate. A protective covering of natural grasses conceals the winery rooftop, accented by fountains and contemporary sculpture. On a clear day, you can see not forever but as far as the San Fran-



Cade Estate Winery

Howell Mountain at the northern tip of the Napa Valley gives CADE its amazing vantage point. From the wide terrace, at an elevation of 1550 metres that is well above the fog line, you can look out over acres of vineyards and tree-covered hills. This is a good winery to visit when temperatures start to dip; the terrace includes comfy couches set around a large fire pit.



Mumm Napa

The terrace at Mumm Napa is on a beautiful hillside off the Silverado Trail, the valley's lesser-travelled main thoroughfare, and has a commanding view of the Napa Valley. Open daily with three tasting experiences: outdoor patio, enclosed tasting salon or oak terrace. Reservations are required for terrace seating but walk-ins otherwise welcome.



Castello di Amorosa

As the Napa Valley's only 13th-century Tuscan castle (yes, it's a replica, but a very faithful one), the Castello offers sweeping views from the ramparts. But there are some indoor sights to take in as well, such as the armoury, grand barrel room and a torture chamber (...though not currently in use). Reservations recommended for guided tours.



Silverado Vineyards

There's something about drinking wine on a terrace, so the valley's generally good weather makes the experience more enjoyable. The terrace at Silverado Vineyards features 180-degree views of the renowned Stags' Leap Wine district. The winery was founded by Lillian Disney, widow of Walt. By-appointment only.



Cuvaison Estate

If rolling hills are what you're looking for, Cuvaison's got them. This winery in the Carneros region was completed in 2009 and features a wood-and-steel structure embedded into a hilltop with wraparound terraces. Native grass landscaping complements other sustainable practices including rainwater collection and solar energy. Reservations required.



Sterling Vineyards

There's a reason Sterling Vineyards tends to make a lot of "best of" lists. The view from this hilltop winery on the northern end of the Napa Valley is remarkable. The vineyard is set 91 metres above the town of Calistoga. An aerial tram takes you up to the winery, set in a white stucco building modeled after the architectural style of the Greek island of Mykonos.



Domaine Carneros

If you've ever wanted to make like Cinderella, this is the winery to pick. Domaine Carneros features graceful flights of stone steps leading up to a terrace overlooking vine-covered hills where you can enjoy table service and order small plates to accompany your tasting. Wines may be tasted in flights or by the glass. Reservations required.



Auberge du Soleil

Not a winery, but a resort, Auberge du Soleil has two dining options, both with breathtaking views. If you're feeling flush, you can eat at the Michelin-starred restaurant with its terrace overlooking a green and verdant valley. Or, you can stop by the more casual bistro which has a wraparound deck, more than 40 wines by the glass and is a great spot for sunset watching.

La vie en rouge et orange

ESSAYS

One writer's love-affair with Paris in autumn

Vivian Song For Torstar News Service

I've always held a special affinity for Paris in the fall. While Parisians mourn the last days of summer and return begrudgingly to the city after their month-long holidays, I wait patiently for that first fall morning, when the weather turns, definitively announcing the season's arrival.

More than five years ago, I boarded a plane in Toronto and landed in Paris, and I fell under an enchantment which. I believe in hindsight, was produced by the bewitching effects of autumn, when the city takes on a dream-like quality that happens at no other time of the year.

It wasn't supposed to last this long. My original intent was to spend a year in France and return to Toronto recharged after living "la vie en rose." But in the

days and weeks after arriving in mid-September, the autumnal skies, the rain-soaked cobblestone streets, and the way the gold-leaf trees cast a soft glow along the Seine seduced me, and I knew I had to stay.

In the same way couples reminisce with fondness about their days as young, broke newlyweds who shared their first meals sitting on the floor, on my fiveyear anniversary I found myself nostalgic for those early days when I was a starry-eyed tourist, euphorically happy with the simple pleasures of her new Parisian life.

My first introduction to my new neighbourhood upon stepping out of the cab was an olfactory one: layered under the heavy coolness of the crisp, autumn air was the maddening perfume of melting butter wafting from the crêperies lining my street — a smell I still associate with fall

When I arrived in Paris, I was jobless and poor. Money was tight and my only little luxuries were the edible kind. On a good week, I would head to the market and pick up a roast chicken leg, roasted potatoes, and a basket of figs.



A steaming cup of hotchocolate is one of the great pleasures of Paris in the fall.

Just as boxes of clementines signal the start of winter in Canada, every year I look forward to the start of fall for fig season, an elegant fruit that's expensive and uncommon back home, but affordable and accessible in France.

Lalways bookmark the second weekend of October for one of my favourite Parisian festivals, the Fete des Vendanges, a food and wine-fuelled event in Montmartre where I tasted my first escargot thanks to a kindly stranger who insisted I sample one from his own plate.

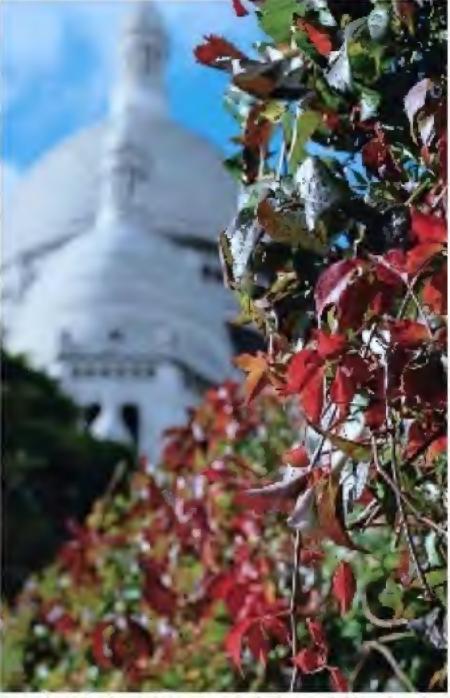
I reserve every free Sunday for strolling the Jardin du Luxembourg or the Jardin du Palais Royale and seek out the leafiest paths for the satisfaction of hearing and feeling the crunch of dead leaves beneath my feet.

Invariably, I catch myself marvelling at the distinctively Parisian way the leaves have browned at the edges or faded yellow, turning the city into the colour palate of the '70s.

In the summer, Paris becomes an artificial version of itself: the locals can't leave town fast enough, leaving stampedes of tourists to take over the city. I have yet to be reconciled with the cold, damp sunless Parisian winters. And while Parisian springs can be heart-stoppingly beautiful, I dread its arrival for the prosaic reality that it sends my allergies into overdrive.

Come fall, however, the gardens are more spacious as the tourist crowds have thinned. The locals have also returned. It's a homecoming I welcome; the absence of Parisians over the summer casts an artificial. unauthentic calm over the city.

Their return, and the sepia light of fall, draw out the real Paris: the brooding, beautiful, moody, poetic, melancholic and soul-stirring version.



For a shot of colour, Montmartre is the best neighbourhood for leaf peeping. ALL PHOTOS VIVIAN SONG/FOR TORSTAR NEWS SERVICE

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History, churches and stunning beaches

Tiny nation of island's Europe's bestkept secret

History, heat and fantastic beaches best describe a vacation in Malta, a sun-soaked archipelago in the Mediterranean Sea that's a popular destination for many Euro-

Malta actually consists of three inhabited islands -Malta, Comino and Gozo which are situated south of Italy and north of the African country Libya in the Mediterranean Sea.

The country's location has historically given it great strategic importance as a naval base, and a succession of powers, including the Turks, Knights of St. John, French and British, have ruled. The southern European island nation is now part of the European Union.

Military forts, inland and on the coasts, dot the islands and offer a fascinating insight into the country's his-

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tory. The walled city of Mdina and St. Elmo's Fort in Valletta, where the island was defended against invaders, are worth a visit.

Churches are must-see attractions. The Mosta Dome, also known as the Church of the Assumption of Our Lady in Mosta, has a spectacular high-domed ceiling that was bombed

in the Second World War but miraculously remained intact.

The St. Europe and then get John's Coa connecting flight. Cathedral in Valletta, the country's capital, is home to the Knights (Grand Masters) of Malta. It contains many important works of art sanctioned by the Knights, including the painting The Beheading of St. John the Baptist by the Italian painter Caravaggio.

With summer temperatures consistently in the '30s with no rain, beaches are popular destinations for tourists and locals alike.

The stunning Blue Lagoon



Blue hole at Azure Window in Gozo Malta offers fantastic swimming. ISTOCK

on Comino is a must-do when you are on the island. Boat tours make regular runs to Comino, but if you go you'll want to make a day trip out of it. Likewise the Azure Window on Gozo, a natural limestone arch, offers fantastic

swimming on the rock beach below it.

One beach off the beaten track is St. Peter's Pool near

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Marsaxlokk on Malta.

It's a natural pool in a sheltered cove where jumping off four-metre cliffs into crystal-clear waters is easier than negotiating the rough, one-lane road to get to the attraction.

Marsaxlokk's daily fish market offers many delicacies caught the same day by local fishermen in their "luzzus," small, brightly painted fishing boats.

The narrow, hilly streets of Valletta have many shops and cafes popular with tourists, with regular bus and ferry service feeding the country's capital.

From the boardwalks of Sliema, which are lined with restaurants and cafes, it's an easy stroll to the beach for a quick dip in the sea.

Getting around the islands can be a challenge, although there is a reliable bus and ferry system.

It is best to rent a couple of cars and drivers with experience at using the lefthand drive system and the abundant roundabouts where choosing the correct turn can often a challenge. THE ASSOCIATED PRESS



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Tourists taken in by tall octopus tale



The cast bronze faux monument by artist Joseph Reginella, dedicated to the memory of the victims of the steam ferry Cornelius G. Kolff. ULA ILNYTZKY/THE ASSOCIATED PRESS

STATEN ISLAND

Hoax includes memorial, website and fake articles

Ever hear about the gargantuan octopus that dragged a New York City ferry and its 400 passengers to the river bottom nearly 53 years ago?

A cast bronze monument dedicated to the victims of the steam ferry Cornelius G. Kolff recently appeared in Battery Park at the southern tip of Manhattan, erected a stone's throw from a handful of other sombre memorials to soldiers, sailors and mariners lost at sea or on the battlefield.

But if you can't recall the disaster it could be because the artist behind the memorial, Joseph Reginella, made the whole thing up.

The 250-pound monument, which depicts a Staten Island ferry being dragged down by giant octopus tentacles, is part of a multi-layered hoax that also includes a sophisticated website, a documentary, fabricated newspaper articles and glossy fliers directing tourists to a phantom Staten Island Ferry Disaster Memorial Museum across the harbour.

lt took Reginella six months to put it together.

He said the idea for the project came to him while he was taking his 11-year-old nephew from Florida on the ferry between Manhattan and Staten

Island.

"He was asking me all kinds of crazy questions like if the waters were shark-infested," he said. "I said. 'No, but you know what did happen in the '60s? One of these boats got pulled down by a giant octopus."

"The story just rolled off the top of my head" and the idea for a mock memorial was born.

it evolved to become "a multimedia art project and social experience — not maliciously about how gullible people are," said Reginella, who creates artworks for store windows and amusement parks.

The monument never stays in one spot for more than two days "because the city will come and take it away," he said, adding that it takes two people to break it down.

"It's definitely an experience when you see people who don't know about it. They get this strange look on their face, they stare out at the water and walk away," he said. "I sit close by with a fishing pole and fish. I eavesdrop on the conversations."

Sometimes, he said, when he overhears people saying, "How come nobody has ever heard of this?" he'll interject, offering that the disaster happened on Nov. 22, 1963, a day that the news was dominated by the assassination of President John F. Kennedy.

"It creates a plausibility for them, and they shake their head 'Maybe."

Puzzled tourists looking for the memorial museum on Staten Island and its supposed collection of wreckage with "strange

THE TRUTH

One thing about the preposterous story is real. There really was a Cornelius G. Kolff ferry.

Stranger than fiction

It ferried passengers for 36 years before becoming a stationary floating dorm for Rikers Island inmates. It was sold for scrap in 2003.

suction-cup-shaped marks" sometimes wonder into the Snug Harbor Cultural Center asking for directions.

The staff at the nearby Staten Island Museum admits it too was puzzled at first.

"We kind of scratched our heads and said we don't know where it is and started looking further into it, and realized it was a hoax," said spokeswoman Rachel Somma.

"Most people have the feeling that it's not a reality. It's a treasure hunt for them. It's fun. That's what we love about it. ... It's great that it gets people out here," she added.

Melanie Giuliano, who produced a mock documentary for the monument's website, used her father in the role of a maritime expert and her neighbour as an eyewitness. Reginella's wife's co-worker served as the narrator.

"I thought it was an insane idea but I thought it was hilarious," said the videographer and filmmaker. THE ASSOCIATED PRESS



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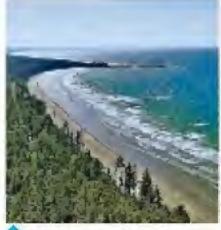
MUST-SEE SPOTS TO CHECK OUT IN HAIDA GWAII

The "Islands of the People" consists of more than 150 islands, but only two of the area's largest islands are developed. Graham Island in the north has six official communities and most of the inhabitants and infrastructure. Moresby Island, to its south, is home to one community, Sandspit. Here are five must-see Haida Gwaii spots. TORSTAR NEWS SERVICE



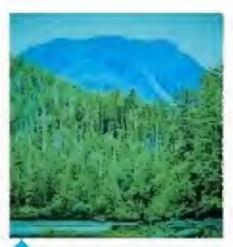
Old Massett

Massett, the largest of the 150-plus islands, is a small fishing village on Graham Island. To its north is Old Massett, which sits on the site of three traditional Haida villages and is one of two villages where the Haida Nation regrouped in the late 1800s after smallpox decimated the population in ancient surrounding villages. It's the administrative seat of the Council of the Haida Nation, and is home to about 800 Haida, including world-renowned artists.



2 Tow Hill

Tow Hill is a large, isolated volcanic plug, and the hill rises 400 feet and towers over North Beach. Its face consists of basalt columns of rock formed from eruptions of molten lava about two million years ago, within a lush rainforest. Hike through the ferns and mosscarpeted grounds to make your way to the active blowhole and witness the waves shoot up.



GwaiiHaanas

Massive moss-draped cedar and Sitka spruce tower above the Haida people's ancient carved poles and fallen long-houses on the mystical rainforest islands of Gwaii Haanas. Spot one or more of the many bald eagles that hover around the wild beaches, along with whales, porpoises and sea lions.



S'Gang Gwaay

Less than 10 kilometres from Rose Harbour lies the island of S'Gang Gwaay where the remains of the ancient Haida village of Ninstints can be found. A UNESCO World Heritage Site, S'Gang Gwaay contains the remnants of large cedar longhouses and carved mortuary and memorial poles, which illustrate the art and way of life of the Haida.



Skidegate

Skidegate is home to the awardwinning Haida Heritage Centre. The centre features displays of Haida culture and history, restored totem poles and a natural history gallery of local birds, mammals and fossils. A tour of the six contemporary poles that stand outside the complex for a better understanding of the archipelago's history is highly recommended.



ELI#SPORTS

LeBron James, who grew up a New York Yankees fan, is getting behind the Cleveland Indians, sending the team positive messages on social media

Blue Jays put up a 10

MLB PLAYOFFS

Toronto throttles Texas on both sides of the ball

It was a beatdown but this time the bad blood stayed under the surface.

Toronto rocked Cole Hamels for five runs in the third inning and a near flawless Marco Estrada delivered 8-1/3 stellar innings as the Blue Jays thumped the Texas Rangers 10-1 Thursday to win Game 1 of their American League Division Series.

Jose Bautista, Public Enemy No. 1 in Texas, slammed a threerun homer in the ninth inning off reliever Jake Diekman to rub salt in the wound. No bat-flip this time. He put his weapon down gently after the blast to left field, where the fan who caught the ball whipped it back into play.

The Jays slugger was happy to keep the focus on baseball rather than rehash Toronto's recent Hatfield-and-McCoy-like feuding with the Rangers.

"I wanted to avoid all the questions about the whole ordeal because we're baseball players, not UFC fighters, and we came here to play ballgames," Bautista said. "That's why I wanted everybody to kind of focus on that in our clubhouse. And we did and we played a pretty good game today and hopefully we continue to do that."

It was Bautista's fourth home run in his last eight post-season at-bats. He is tied with Joe Carter for most playoff homers by a Blue Jay with six.

Toronto came close to its first complete game of the season — and the first of Estrada's career. But Elvis Andrus tripled to open the bottom of the ninth and scored on Shin-Soo Choo's



The Blue Jays' Jose Bautista connects for a three-run home run against the Rangers during Game 1 of their American League Division Series in Arlington, Texas, on Thursday. RONALD MARTINEZ/GETTY IMAGES

ALDS Game 1



groundout. Manager John Gibbons then brought in Ryan Tepera to close the door.

"Two outs away from finishing it. Unfortunately I couldn't," said Estrada, who failed to convince Gibbons to keep him in. "But who cares, we won. That's all that matters."

Estrada gave up one run in 8-1/3 innings on four hits with six strikeouts in a 98-pitch performance with 72 strikes. In contrast, Hamels allowed a playoff careerhigh seven runs in 3-1/3 innings.

Estrada retired 12 straight batters at one point and faced just one batter over the minimum over eight innings.

The Jays sent nine men to the plate in the third, scoring five runs all with two outs. Troy Tulowitzki did the bulk of the damage with a three-run triple.

Melvin Upton Jr. hit a solo

9

ESPN Stats says the Jays are just the third team in postseason history to win Game 1 of a best-of-five series by at least nine runs on the road (joining the 2002 Cardinals and 2011 Rays).

homer in a two-run fourth for Toronto. Josh Donaldson, who had two singles, two doubles and a walk on the day, drove in a run in each of the third and fourth. His four hits tied a club post-season mark.

Rangers manager Jeff Banister said he does not expect any fallout from the one-sided loss.

"Given how our club has played all year long, and we've been in these type of situations before, look, we've come back and played well after these type of games. And with the veteran group that we have in there, I don't worry about the collateral damage in a game like this. Obviously we would have liked to have a played a lot more competitively. But the other thing that you've got to look at, too, is Estrada threw a heck of a game."

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MLB NOTES

Cleveland tees off on Boston's Cy Young hopeful

Francisco Lindor's homer capped Cleveland's three-homer rampage in the third inning against 22-game winner Rick Porcello, and the Indians held on for a 5-4 home victory over the Boston Red Sox on Thursday night in their AL Division Series opener.

Lindor, Jason Kipnis and Robert Perez went deep in the third off Porcello, who lasted 4-1/3 innings in his shortest outing this year. THE ASSOCIATED PRESS

Price still in search of his first post-season win

David Price wants to make his next post-season start unlike all his others.

"I want to go out there and win.... and I know that I'm capable of doing that," he said.



David Price GETTY IMAGES

That would be a first.

Boston's left-hander is 0-7 in the post-season going into Friday's start in Game 2 of the AL Division Series against Cleveland.
THE ASSOCIATED PRESS

Baker, Roberts to make history for black managers

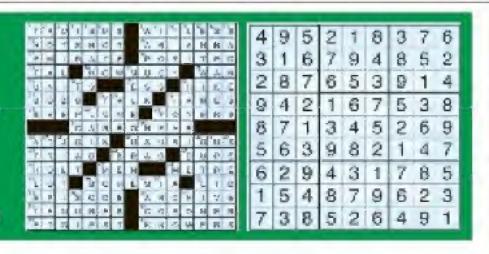
The NL Division Series between Dusty Baker's Washington Nationals and Dave Roberts' Los Angeles Dodgers is the first post-season matchup in major-league history involving two black managers.

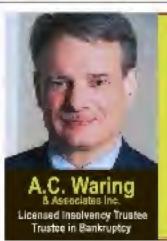
It's a point of pride and can "show people that not only can we do the job, but we can do the job better than most," Baker said. THE ASSOCIATED PRESS

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WASHINGTON, D.C.

Obama honours Sid and Penguins

President Barack Obania honoured the Pittsburgh Penguins at the White House on Thursday for completing what he described as one of the most remarkable turnarounds in the history of the National Hockey League as they won their fourth Stanley Cup.

Obama noted that he has now been able to celebrate with eight Stanley Cup winners during his presidency with all of the teams based in the United States. He smiled when noting he recently reminded Canadian Prime Minister Justin Trudeau of that achievement.

"This is a nice bookend for

my presidency," said Obama, a sports fan who has shown no slowing down in his efforts to honour the nation's sports champions as his second term draws to a close.

The Penguins, led by Sidney Crosby, overcame a tough start to the season with Obama noting that they were closer to last place than first in late December. The team hired a new coach, Mike Sullivan, when the team looked out of playoff contention.

Obama credited the Penguins' persistence and teamwork as critical factors in completing the turnaround.

THE ASSOCIATED PRESS



Sidney Crosby shows the Stanley Cup off to U.S. President Barack Obama on Thursday, GETTY IMAGES



NHL MCDAVID CAPTAINS OILERS TO VICTORY

The Jets' Joel Armia has a scoring chance thwarted by Oilers goaltender Jonas Gustavsson and defenceman Griffin Reinhart during preseason action at Rogers Place on Thursday night. In his first on-ice action since being named team captain, Connor McDavid, below, scored twice and led the Oilers to a 5-2 win. Patrick Maroon, Mark Letestu and Tyler Pitlick also scored for Edmonton.

JASON FRANSON/THE CANADIAN PRESS



YOUNG CAPTAINS WHO EXCELLED

When Connor McDavid takes the ice in the Edmonton Oilers' season opener Wednesday, he'll become the youngest captain in NHL history at 19 years, 273 days old. Here's a look at how five other young captains in NHL history fared with that responsibility:



Gabriel Landeskog

After stints in the Swedish men's league and the Ontario Hockey League, Landeskog got the "C" for the Colorado Avalanche after his rookie year. The 2012-13 lockout forced Landeskog to wait several months to start on the job at 20 years, 57 days old. Landeskog helped Colorado make the playoffs in 2013-14 and the thoughtful Swede quietly remains one of the most respected players in the league.

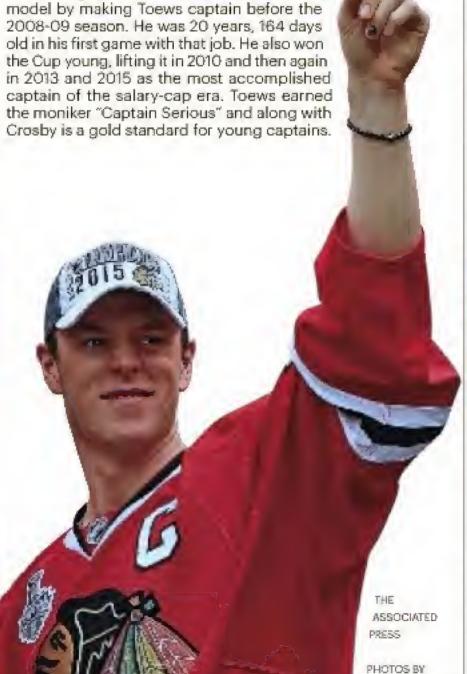


Sidney Crosby 2

Crosby was the No. 1 pick in the 2005 draft of the Pittsburgh Penguins and became a franchise-changing superstar. He had immediate impact and proved to be among the best in the world. Crosby was 20 years, 59 days old at the start of his third NHL season when he first served as captain and led Pittsburgh to the Cup Final several months later. Crosby lifted the Cup as a 21-year-old in 2009 and again as a 28-year-old in June.



The Chicago Blackhawks followed the Crosby



Vincent Lecavalier

Selected captain of the Tampa Bay Lightning in 2000 at 19 years, 315 days old, the 1998 No. 1 pick lasted only a season and change before he clashed with coach John Tortorella and was stripped of the captaincy. Lecavalier blossomed into a star and was a point-a-game player and alternate captain when the Lightning won the Stanley Cup in 2004. He served as captain again from 2008-13.



GETTY IMAGES



Steve Yzerman

Before McDavid, Landeskog, Crosby and Toews were born, the Detroit Red Wings made Yzerman captain at 21 years, 153 days old back in 1986. Yzerman had on-ice success and adjusted his game under legendary coach Scotty Bowman to the point that he was considered one of the most trusted two-way centres around and a top leader. The Red Wings won the Cup in 1997, 1998 and 2002 with the now-Hockey Hall of Famer leading the way.

metr#sports Weekend, October 7-10, 2016 41

NFL CARDINALS TOP NINERS IN CALIFORNIA Arizona Cardinals defensive end Calais Campbell, center, intercepts a pass from San Francisco 49ers quarterback Blaine Gabbert on Thursday night in Santa Clara, Calif. The Cardinals won 33-21. BEN MARGOT/THE ASSOCIATED PRESS

Nelson getting back to his best

NE

Green Bay receiver has 4 TDs in 3 games after injury

Receiver Jordy Nelson is gradually rounding back into preinjury form for the Green Bay Packers. With four touchdown catches in a season's first three games for the first time in his career, Nelson doesn't appear to have missed a step.

But it has been a work in progress overall for the Packers, especially after coach Mike Mc-Carthy took a cautious approach with Nelson and kept him out of preseason action.

"Frankly, I think we made it difficult on Jordy. I think expectations on him were unrealistic, for him to come out of the preseason and think he's going to go down to (the season opener in) Jacksonville and perform," McCarthy said this week. "I think he's exceeded the reality that I had for him."

But McCarthy's restraint was understandable. Nelson arrived in camp having made a full recovery from a right ACL tear, an injury that knocked him out for the 2015 season.

But he also started the preseason with what he described as a minor issue in his left knee. It was concerning enough to the coaching staff that Nelson only started practicing with about a couple of weeks left in training camp.

Nelson doesn't think that McCarthy made his return difficult at all. "I think my body made it difficult with what happened and some extra stuff we had to do. I think we did what we needed to do to be ready for



Jordy Nelson was back in top form in the Packers' Week 3 win over the Detroit Lions. JONATHAN DANIEL/GETTY IMAGES

3

I think expectations on him were unrealistic, for him to come out of the pre-season and go down to Jacksonville and perform. I think he's exceeded the reality that I had for him. Mike McCarthy on Nelson

Week 1," Nelson said on Wednesday after practice.

Following a bye last week, Green Bay is preparing to host the New York Giants on Sunday night. That 27-23 win over the Jaguars was played in sweltering, 90-degree heat, not exactly ideal conditions for Nelson to play in his first regular-season game in more than a year. He finished with six catches for 32 yards and a score.

"I mean, who knows what Week I would have been like if it wasn't in Jacksonville," Nelson said. "It might've been different. But we've progressed and I'm very satisfied with how it's turned out and we're continuing to grow." The connection between quarterback Aaron Rodgers and Nelson returned in the Week 3 win over Detroit, when Nelson had six catches for 101 yards and two scores. That rapport has been honed over years of work together between two of the team's elder statesmen.

If the Packers can maintain that vintage form, the turning point for the offence might have come with 2:49 left in the first quarter of the Lions game. On first down, Rodgers found Nelson up the right seam for a 49-yard gain on first down.

It's the kind of big play that the Packers were pulling off with regularity in Nelson's last healthy season in 2014.

"I think he looked pretty good last game," Rodgers said. "He's a big time player for us." THE ASSOCIATED PRESS

RUSSIA

Kremlin supports probe of kids' fights

Children under

into the ring in

12 are not allowed to step

Russia.

The Kremlin has called for an investigation after state TV broad-

cast mixed martial arts fights between children as young as eight years old.

Ramzan Kadyrov, the strongman leader of the Russian region of Chechnya, entered three of his young sons into so-called exhibition bouts during

a televised fight card Tuesday. President Vladimir Putin's spokesman, Dmitry Peskov, told reporters Thursday that the

> fact that one fight between 10-year-olds finished with a technical knockout was "a reason for the appropriate oversight agencies to inquire about this incident."

Peskov suggested the fights were a matter for children's

rights ombudsman Anna Kuznetsova. THE ASSOCIATED PRESS



Italy and Spain play to draw in World Cup qualifier

Former world champions Italy and Spain played to 1-1 on Thursday, giving a chance for unheralded Albania to take the lead in their Europe qualifying group.

Albania moved to the top of Group G after winning in Lichtenstein 2-0.

Elsewhere, Mario Mandzukic bagged a hat trick as Croatia beat up Kosovo 6-0, while Wales conceded the lead twice away in Austria in a 2-2 draw. THE ASSOCIATED PRESS

Hurricane Matthew wreaks havoc on football schedules

Fear of the damage that powerful Hurricane Matthew may cause prompted two college football postponements Thursday, and had the NFL plotting just-in-case scenarios for games scheduled in Tampa and Miami this weekend.

A pair of college games set to be played Saturday — LSU at No. 18 Florida, as well as Charlotte at Florida Atlantic — were postponed. THE ASSOCIATED PRESS

NEL

Anderson ready to start for Panthers

Derek Anderson is preparing as if he will start Monday night against the Tampa Bay Buccaneers with Cam Newton still in the league's concussion protocol.

The 33-year-old Anderson took reps with Carolina's first-team offence for the second straight day, while Newton did not attend the team's outdoor practice. Panthers coach Ron Rivera offered little in terms of an update on Newton's playing status, saying he won't make a decision until later this week.



Derek Anderson GETTY IMAGES

"We are not forcing players to get onto the football field," Rivera said Thursday. "We will do exactly as the protocol tells us."

The NFL is investigating how the Panthers handled a-helmet hit

Newton took in the loss to the Denver Broncos. Newton completed that game despite a hard blow to the head. THE ASSOCIATED PRESS 14

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EVENTHE PERSON WHO **CREATED IT CAN'T** FINISH IT. French Vanilla INTERNATIONAL

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

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63. Goblet part

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ACROSS

1, Island nation near Florida 5. Musician/radio personality John 9. Packs away 14. "Come ___!" (Welcome!) 15, "To Live and Die ___" (1985)

16. Leg bone 17. Hybrid citrus 18. Gramp's wife 19. Bakery embellishment

20. British actress who portrays late Nova Scotia folk artist Maud Lewis in "Maudie" (2016): 2 wds. 23. Vine variety

24. Conference room happening, briefly 25. Shakespeare's wee country

26. Impair 29. Catch.

30. Distinctly 32. Nero's deuce-ace 33. "If___ be so bold

as to..." 35, Grassy field

36. Fiend 37. Fermented soybean pastes

39. Nord's opposite 40. _acetate (Type of solvent) 41. Honorific in Turkey

42, Entirely 43. Ship's mooring post

44. Jessey's call 45. Totally run-down

47. Winnipeg airport code

50. Dadaist Jean 51. _.. Sept., Oct....

52. Bio info 53. Hideaway to the Soviet Union)

57. Voyageur's

(String of airstrips through Edmonton, Alberta to Fairbanks, Alaska used during WWII to ferry thousands of Lend-Lease planes from the United States.

54. Northwest ___

transport 66. Stockings 60. Peruvian empire 67. Web connectors, 61. Gladiator's 1901 briefly 62 Whate -_ (Ar-

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DOWN

1. Melissa McCarthy, to Jenny McCarthy 2. _ Bay (Body of water between Baffin Island in Nunavut and the

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northern Quebec region of Nunsvik) 3. Teronto Island Airport named after this WWI flying ace: 2 wds. 4. Indigo

43

5. Way to seal a container to prevent leakage Madden

7. Cabbage dish 8. Longed

9. Cheap 10. Partners for Tacs (Mint candies)

11. Sash sort 12. Succeed

13. Droop 21. Famous gyms 22. Internal

26. Hockey flick franchise, with The, on Vancouver-born actor Joshua Jackson's resume: 2 wds.

27. Ethereal 28. Louis of Manitoba's history 31. Gene Vincent's

"Be-Bop-_-"
34. Extinct bird 36. Baseball's Mel

37. Mother, sometimes 38, Mr. Stravinsky. 39. Torpid

40. Duck type 42. _ blue

43. Sports... Highly anticipated team event: 2 wds. 45. Lustrous sheets

fabric 46. Singer/actor Mr. Bass'

48. Being-cleaned hallway bucket item: 2 wds. 49. Metamorphic trock

variety 54. Exclusive:

55. Keen on 56. Actor Mr. Katz 57. Automobile

58. US docs' org. 59. It continues

*IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20 Remember to get more sleep and more rest at this time, because you need it. Discussions with partners and close friends are important.

Taurus April 21 - May 21 You might be focused on health issues right now, Fortunately, the next 12 months are a good time for you to restore your health or do something to improve it.

■ Gemini May 22 - June 21 Take time off for fun and pleasure if possible. A vacation in the next week would be perfect for you. Enjoy sports, playful activities with children and romantic getaways.

Cancer June 22 - July 23 This continues to be a strong time. for home and family issues. Your interaction with a parent or senior family member might be important. .

Leo July 24 - Aug. 23 Try to be as clear as possible in all your communications with others. This is a strong time for those of you who write. sell, market, teach and act.

Virgo Aug. 24 - Sept. 23 Trust your money-making ideas during the next week, in fact, you also are giving a lot of thought to your values in life. What really matters?

Libra Sept. 24 - Oct. 23 This is a fortunate time for you while the Sun is in your sign. because people and favorable situations are attracted to you. Make the most of this!

Scorpio Oct. 24 · Nov. 22 This week is a good time to buy wardrobe goodies for yourself because you like what you see in the mirror. You also want to socialize more, even though you are working behind the scenes.

★ Sagittarius Nov. 23 - Dec. 21 Talk to a friend about your future plans because he or she might have helpful suggestions for you. In fact, all your interactions with others will benefit you now.

Capricorn Dec. 22 - Jan. 20 TBecause you look so good in the eyes of bosses, parents and VIPs, don't hesitate to ask for what you want. Make your pitch. This is your hour!

Aguarius Jan. 21 - Feb. 19 Travel will be a rewarding experi ence for you now, because you want to learn something and expand your experience of life. Take a course or further training, if possible.

Pisces

Feb. 20 - March 20 Your interactions with others, especially with friends and groups, will be active now, perhaps physically. You will do well in competition with physical sports?

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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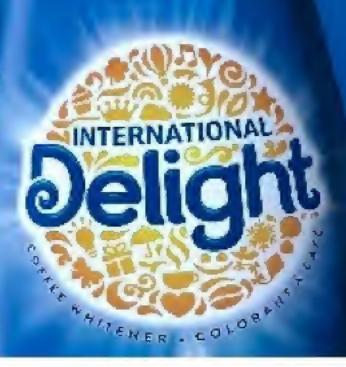
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